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Natural Beauty Bible

2024

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Hello beautiful

Welcome to your 2024 Beauty Bible. I'm delighted to announce the winners in our Green Parent Natural Beauty Awards 2024. A panel of testers has spent the last few months trying out hundreds of products, everything from toothpaste tabs to period pads, baby balm to facial oil. And then reviewing and rating each product against a strict set of criteria. From these ratings and comments we then choose the very best in each category, in terms of effectiveness, sustainability

and company ethics. Armed with this handy guide you can shop for your family with complete peace of mind. And pick yourself up a super ethical treat or two from the winners. Oh, and to accompany this guide, we've plenty of inspirational stories and self-care tips popping up on our website in the coming weeks. Stay tuned at thegreenparent.co.uk or follow us on Instagram @[thegreenparentmag](https://www.instagram.com/thegreenparentmag). Happy nourishing!

Melissa - Founder and Editor

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With many thanks to all our testers

Helen Bogle, Laura Bridle, Elizabeth Cohen, Elaine Cowie, Lucy Cunningham, Camille Del Pozo, Lucy Farmer, Hannah Finch, Catriona Graffius, Katy Hackett, Emily Hale, Diana Houlder, Victoria Jaques, Zoe Jolly, Catherine Joyce, Evelyn Kogler, Kimberley Lane, Laura Lismanis, Amanda McLauchlan, Kirsty McNicol, Jessica Morris, Tania Purdie, Eden Rose, Lila Rose, Lyn Shephard, Cath Smith, Emma Stokes, Hannah Venning, Amy Wilson, Pauline Woodcraft, Nicola Woods.

Editor: Melissa Corkhill letters@thegreenparent.co.uk • **Art Director:** Jez Harris

For information about next year's awards, contact beauty@thegreenparent.co.uk

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Natural Beauty Awards Winners

SKINCARE

Toner

GOLD The Kelpie Facial Toner, £19 nana-kats-apollothecary.co.uk

"The best toner I've ever used! It smells amazing and leaves my menopausal skin looking fresh and clear. It's gentle on my skin and is the perfect base for my serum and moisturiser. The mist pump is fantastic for delivering the toner evenly and is perfect for cooling hot flushes!" **Catherine J**

SILVER Hydrating Facial Toner, £23 aniskincare.com

BRONZE Normal – Dry Skin Micellar & Toner with Neroli & Lavender, £10 valleymist.co.uk



Eye Cream

GOLD Nakin Eye Cream Complex, £20 nakin skincare.com

"This cream feels lovely and thick (but not too thick) and my skin felt really happy and moisturised after using it. A little goes a long way, too, which I really like. Packaging was simple but felt premium and classy." **Kimberley L**

SILVER Regenerate Eye Cream, \$35 NZD naturalzestskincare.co.nz

BRONZE EYE WORK rejuvenating serum, £36 tropicskincare.com



Night Moisturiser

GOLD Vitamin Rich Face Butter, £38 vemel.co.uk

"I was pleasantly surprised by this product. I love waterless formulas for most types of product but I was skeptical about how heavy this would be on the skin as a facial moisturiser. What surprised me is I tried it under makeup and while it felt heavy and oily, my makeup actually looked glowy and amazing. My skin feels incredible after using this. I'm a convert!" **Hannah V**

SILVER Neroli, Rosehip & Frankincense Facial Hydration Cream, £18 purelakes.co.uk

BRONZE Willowberry Vitamin C Night Cream, £34.99 willowberry.co.uk

Skin Serum

GOLD Age Defying Lifting Serum, £54 evolvebeauty.co.uk
"I've used this religiously since receiving it, it's absolutely gorgeous! It smells incredible and my skin feels so happy whenever I use it and you only need one pump for your whole face." **Kimberley L**
SILVER Hydration Boosting and Refining Serum, £33 mybemora.com
BRONZE Brighten Day Serum, £48 azadiskincare.com



Day Moisturiser

GOLD Illuminate Moisturiser, £49 azadiskincare.com
"A miraculous skin care product that has left my skin feeling ultra-hydrated, radiant, and glowing. I've been applying it both day or night, and a small pump provides a boost of hydration and luminosity whenever my skin is feeling tight. Dealing with severe dryness and eczema, I typically require a substantial amount of moisturiser to stop my skin feeling tight, but this one defies the norm." **Emma S**
SILVER Rose & Frankincense Anti-Ageing Moisturiser, £19.95 shaloahskincare.co.uk
BRONZE PhytoGal (F)ACE treatment moisturizer, €88 galbaia.com



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Natural Beauty Awards Winners

SKINCARE



Facial Exfoliator

GOLD GLOW After Dark Face Polish, £30 [kissthemoon.com](https://www.kissthemoon.com)
"I am quite addicted to Kiss The Moon products but hadn't tried this one so was excited to use this. As with all their products the scent is gorgeous. Luxurious essential oils hit your senses when you open the jar. The scent just makes you smile. The texture is like a smooth balm containing very very fine sand. It doesn't feel too rough when you apply it to your face and is easy to apply. Once rinsed off my face felt lovely and smooth and you could clearly see that it was brighter than before I used it." **Kirsty M**
SILVER Elemental Exfoliating Powder, €34.95 [kinvaraskincare.com](https://www.kinvaraskincare.com)
BRONZE SkinBare exfoliating dry hemp wipes, £6.99 [tiktok.com/@skinbare](https://www.tiktok.com/@skinbare)



Face Mask

GOLD Pomegranate & Rose Mask, £26 [therosetree.co.uk](https://www.therosetree.co.uk)
"Ooo this face mask feels special. The texture is soft and oily and I really enjoyed putting this on to wear as an overnight mask, it sinks in a little so you don't feel like you are going to just get it all over your pillow at night. My skin definitely feels more hydrated the next morning after use. It smells lovely, delicate and floral." **Katy H**
SILVER Green Clay & Lemon Mask & Scrub - Sicilia, £29 [casamencarelli.co.uk](https://www.casamencarelli.co.uk)
BRONZE Mask of Magnaminty face & body mask, £10 [lush.com/up/en](https://www.lush.com/up/en)

Cleanser

GOLD Beauty Balm, £15.99 [lyonsleaf.co.uk](https://www.lyonsleaf.co.uk)
"I used on my face and body. It left me feeling soft and glowy. Reasonably priced too. I would use again. My dry skin has almost cleared up using this. Lovely packaging in a glass tub with metal lid." **Eden R**
SILVER SUK. Powder Cleanser, £21 [sukhanlee.com](https://www.sukhanlee.com)
BRONZE No Soap Cleanser, £45 www.miapielskincare.com



Facial Oil

GOLD Rose Facial Oil, £25 [lumvyoil.co.uk](https://www.lumvyoil.co.uk)
"A beautifully light, deceptively rich, quick absorbing oil that was perfect for daytime use under make-up but felt like a deeply nourishing treat - my skin drank it up! Lovely lush rose scent that was subtle but uplifting. I really loved having this oil in my bag for days when my skin needed a little extra boost - while it's effects are deep it has a fresh, light skin-feel. It's so gentle and hydrating I used it over my whole face including the dry skin on my eyes which can be really reactionary and I noticed a definite improvement here after a few days. Such an affordable price too for a lovely luxurious oil." **Lucy C**
SILVER Replenishing Face Oil, £72 [anaraskincare.com](https://www.anaraskincare.com)
BRONZE Neroli & Bakuchiol Elixir, £39.32 [blumainorganicskincare.ie](https://www.blumainorganicskincare.ie)



BEST BUYS

- 1 Skin Food Nourishing Cleansing Balm, £12.95 [weleda.co.uk](https://www.weleda.co.uk)
- 2 Combination Skin Micellar & Toner With Lemon & Geranium, £10 [valleymist.co.uk](https://www.valleymist.co.uk)
- 3 Calm Buddha Face Cleanser, £10.95 www.EizunEcoSkin.com
- 4 Magical Whipped Balm, £12.99 [sol-luna.co.uk](https://www.sol-luna.co.uk)
- 5 Pro-Age Eye Cream, £15 [buddha-beauty.com](https://www.buddha-beauty.com)
- 6 Chamomile & Bergamot Facial Serum, £14.50 [shalohaskincare.co.uk](https://www.shalohaskincare.co.uk)
- 7 Kale Enzymatic Exfoliator, £19 [nourishskinrange.com](https://www.nourishskinrange.com)
- 8 Purifying Face Toner, £16.50 [nakinskincare.com](https://www.nakinskincare.com)

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Natural Beauty Awards Winners

MAKE-UP

Blusher

GOLD Mineral Blusher, £9 honeypieminerals.com

"I love this product! Honey Pie Minerals has really smashed it producing make-up that's 100% natural yet gives really good coverage and looks fab. This was a pretty, light pink that's great for spring days and gives a lovely subtle colour. It's great to be able to use make-up knowing it won't irritate sensitive skin." **Lucy C**



Bronzer

GOLD Luminous Dew Drops, £23 ediblebeautyaustralia.com
"Comes in an essential oil glass bottle with plastic pipette, so easy to store and use. It has a faint smell of the hazelnut and chia seed oil that are used in it but no other fragrance. The liquid itself is a mix of the oils mentioned and gold/bronze, it needs a good mix up before use! It can be dropped into moisturiser, sun cream or foundation. I've tried all of these and the results are good. When mixed into the creams or foundation it gives a very even glow to your face making you look younger and healthier. Skin gets a lovely moisture boost and it seems good value to me." **Zoe J**



Foundation

GOLD Mineral Foundation, £15 honeypieminerals.com
"This mineral foundation is very finely milled so it has a light, smooth texture and applies evenly on my skin for light, semi sheer coverage. I sometimes have concerns that powder foundations can be drying on the skin or will sit in fine lines but I was pleased to find neither is an issue here. It suits my skin tone very well and looks nicely natural yet evens out my skin and blurs minor imperfections. What I love most is the dewy, glowy finish." **Elaine C**



Lip Gloss

GOLD Lip Tint - Pinkalicious, 25.99 NZD yesorganics.nz
"I liked this tinted lip balm as it gave my lips a subtle boost of colour, whilst keeping them soft. The colour stayed on my lips. I liked the brightness of the box and tube, they look fun and colourful. The lip tint comes in a traditional twist up tube which makes it really easy to apply and use." **Lucy F**
SILVER Lip Butter - Toffee, £11 rawnaturenz.com
BRONZE Bliss Lip Tint, £8 nirvananatural.co.uk



Eye Shadow

GOLD Natural Children's Play Makeup Kit, £24.95 thenaturalplaymakeupcompany.co.uk
"I can't praise this company's products, brand and ethos enough (we tried the nail varnish range as well as the makeup kit). Inside the kit there are three eyeshadows, blusher, lipstick, a natural sponge, bamboo applicator and unicorn mirror. The colours of the eyeshadows and blusher are fun and exciting yet, once applied, subtle pastel shades with a bit of shimmer! Totally irresistible for my little girl! All of the ingredients are non-toxic and packaged sustainably." **Victoria J**



Lip Balm

GOLD Mother Sage Lip Balm, £11.99 mothersage.com
"My lips feel feel silky soft, slightly tingly and really really well cared for. This feels like a cut above the average lip balm. It's got a thickness to it that's rare but doesn't feel too much at all. I loooove the feeling of my lips! I'm sold!" **Lila R**
SILVER Organic Lip, Face & Body Balm Shimmer, £10 annefortin.co.uk
BRONZE Rosehip & Camellia Lip Balm - Rejuvenate, \$29.99 NZD yesorganics.nz



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Natural Beauty Awards Winners

MAKE-UP



Application Tools

GOLD Earthwise Cleansing Pads, £9.95 earthwisegirls.co.uk
"Really loved that these came in a bag you can wash and store them in. Really soft and easy to use. Perfect packaging as bag was multipurpose." **Laura B**



Mascara

GOLD Purity Lash Mascara, £29 uk.inikaorganic.com
"This has a nice colour and gives a natural lash effect. I prefer a lot of mascara so I had to put a few layers on to get the look I like. Very nice sleek looking tube and the brush was easy to use." **Jessica M**
SILVER Hair Mascaras, £24.99 thenaturalplaymakeupcompany.co.uk



Lipstick

GOLD Lipstick Kirra Pink, £18.95 ecobsonyadriverr.co.uk
"A bright, summery uplift of a lipstick. Glides on quite softly though I did tend to wear with a bit of lipbalm for extra hydration (that's just me and my dry lips though!). Lasts well but also easy to have in handbag to quickly apply. Rich bright colour that I love! Great that it doesn't dry skin out over time so I used it pretty regularly and found it nourishing. Like the cool matte finish too." **Lucy C**



Nail Polish

GOLD Earthy Gel Lock System, £59.99 earthynailpolish.com
"I really love the concept and credentials of this nail polish, which I found to be so much better for my nails with better ingredients than my previous vegan gel polish. Although this would be a bit of an investment to buy as a kit with the LED nail lamp and the gel lock system, I think it would be a real game-changer and money saver in the longer term. I used the ruby red colour on my nails which was a really decadent, rich red that took just two coats to produce a really sleek finish. I really like that I can now achieve salon-fresh looking nails at home." **Victoria J**
SILVER Little Stardust Nail Polish, £6.99 thenaturalplaymakeupcompany.co.uk

Eye Liner

GOLD Silk Gel Liner, £16 tropicsskincare.com
"I like this liner. It took a few goes to get into it. I found I needed to wind it to get it a little longer so that it could flow on with relative smoothness and accuracy. After getting the hang of it I could make the line a bit subtler which I prefer." **Lila R**



Concealer

GOLD Mineral Concealer Green Corrector, £9 honeypieminerals.com
"Well I was very surprised by this product! I have never used a colour corrective product before and there are no instructions on the pot (the only negative point I have!) so a quick search on the internet was needed. After that the product goes on so finely and easily and covers brilliantly, I've used it on under eye, a burn, naturally red areas on my nose and chin and ages spots. The product stays put for hours. I'm not sure I'll use conventional concealer again; this stuff is too good!" **Zoe J**



BEST BUYS

- 1 Lip Balm with upcycled Hemp Seed Oil + Shea Butter, £11.99 upcirclebeauty.com
- 2 Sweet Orange & Cacao lip balm, £5.75 nirvananatural.co.uk
- 3 Sweet orange lip balm, £4 chantic.co.uk
- 4 Organic Lip Balm - Original, £8 mumanu.com
- 5 Cocoa & Hempseed Lip Balm - Choccolicious, 18.99 NZD yesorganics.nz
- 6 Lip Puddle, £13.99 aura-lotus.co.uk

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Natural Beauty Awards Winners

BODY & BATH

Body Scrub

GOLD Renewal Body Polish, £28 **aniskincare.com**
*"I absolutely love this scrub! It's luxurious and my skin feels gorgeous after using it. I'm not usually a fan of large 'bits' in scrubs but I don't think they are too course in this product. And the oil keeps me super moisturised. It's a good size pot for the price, and I like that it comes with a wooden spoon. The packaging is simple but feels luxurious." **Kimberley L***
SILVER Frosted Pear Body Scrub, £19.50 **buddha-beauty.com**
BRONZE Body Smooth refreshing polish, £24 **tropicskincare.com**



Menstrual Care

GOLD Period Pants, £18 **wuka.co.uk**
*"Really comfortable to wear and wash well. Like the added support around lower abdomen, especially when on my period. No seams, so can wear with anything. Made from biodegradable materials. Great!" **Laura B***
SILVER Earthwise Pads Long, £15 **earthwisegirls.co.uk**
BRONZE Aches Away Oil, £24 **deviyaoyls.com**



Soap

GOLD Peppermint & Poppy Seeds Natural Soap, £2.95 **friendlysoap.co.uk**
*"Woooo, this was definitely a minty soap! Which we loved! It was zingy and a joy to use in the shower. The poppy seeds gave it a bit of scrubbiness and it certainly woke me up! I like the simple cardboard box and the clear label." **Lucy F***
SILVER Pink a Dink Soap, £4.50 **edendaysbody.com**
BRONZE Spice & Shine shea butter soap, £8 **bloominsoap.co.uk**



Hand Cream/Balm

GOLD Gardeners Moisturising Hand Cream - Scottish Lavender & Rosemary, £14.50 **castleapothecaryscotland.com**
*"One of the creamiest, most luxurious and soothing hand creams I've ever tried, the pot smells absolutely gorgeous. As a busy parent, my skin craves hydration, so thankfully the power of this product allows it to deeply penetrate the skin and restoring its natural moisture." **Emma S***
SILVER Lavender and Calendula Hand Cream, £12 **silvanskincare.com**
BRONZE SOS Nail Care Serum, £13.99 **boldandgritcosmetics.com**

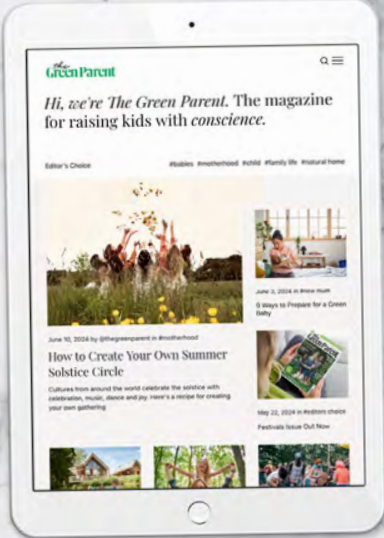
Deodorant

GOLD Natural Beeswax Deodorant - Lavender & Bergamot, £6.50 **kutis-skincare.co.uk**
*"I really like this deodorant. Application is smooth and it absorbs easily, leaving no residue. The fragrance is really beautiful. I would happily have it as a body oil! The scent is also subtle and not at all overpowering. I feel like the product worked all day and didn't need reapplying. I'm definitely converted to this brand." **Katy H***
SILVER Witch Hazel - Aloe-Vera Deodorant, £9.90 **nagoracosmetics.com**
BRONZE Moon Goo Natural Deodorant, £12.98 **awakeorganics.co.uk**



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Natural Beauty Awards Winners

BODY & BATH



Body Oil

GOLD Stress Away, £24 devaiya oils.com

"The rich smell of this oil really is calming and therapeutic. It is very powerful and a little goes a long way. Lovely to have to hand as a pick-me-up throughout the day. I used it almost as a perfume - applying a little to my wrists and neckline." **Elizabeth C**

SILVER Surya Sunshine Body Oil, £24 moksa.co.uk

BRONZE Ayurvedic Body Oil - Unwind, \$49 lamav.com

Body Cream/Balm

GOLD Warm Amber Body Lotion, £15 buddha-beauty.com
"This is a light textured body lotion that absorbs very quickly. It doesn't leave any residue that feels sticky or greasy and after applying this I am able to continue getting dressed without waiting for it to sink in. Even though it is a light texture, it softens and moisturises really well. My knees, shins, elbows and arms are looking brighter and healthier, this has definitely helped get rid of the winter greyness." **Pauline W**
SILVER Organic Foot Balm, £15 b-organic.co.uk
BRONZE Tree Of Life Body Butter Hemp & Meadowfoam, £9.50 www.EizunEcoSkin.com



Bath Treat

GOLD Bath Salts, £25 aniskincare.com

"I love the smell of these bath salts. Really natural and fresh. They dissolved easily in the bath and were easy to use. Very nice simple design. It looks beautiful in my bathroom. Glass bottle and metal lid can be recycled or even better, reused!" **Jessica M**

SILVER Lavender, Geranium & Chamomile Bath Salts,

£11.95 akamuti.co.uk

BRONZE Bath Brews Gift Set, £24.95 clarityblend.com

Shower Gel

GOLD Hemp Liquid Castile Soap, £7.95 thehempstore.co.uk

"The spearmint gives this product a really zingy feel, perfect as a wake up in my morning shower! It feels nice and creamy and creates a good lather too. I like the metal bottle. Good eco-friendly packaging." **Jessica M**

SILVER Sweet Orange & Rose Geranium Shower Wash, £5.95 rootsandwingsorganic.com

BRONZE Natural Body Wash Mango Delight, £12.99 suntibesunscreen.com



BEST BUYS

- 1 Bath Salts, £16.99 mothersage.com
- 2 Lemon Nail & Cuticle Oil, £15 olifani.com
- 3 Armpit Detox bar, £12.95 rawnaturenz.com
- 4 Natural Vegan Bicarb-free Deodorant - Grapefruit & Mandarin, £6.50 kutis-skincare.co.uk
- 5 Luxury Rosewood Hand Lotion, £5.99 thesolidbarcompany.com
- 6 Wild Mint & Tea Tree Foot Balm, £14 balmnatural.com
- 7 Organic Hand & Lip Balm Revitalise, £10 annefortin.co.uk
- 8 Body Wash, £10 tropicskincare.com
- 9 Orange & Grapefruit Natural Soap, £2.95 friendlysoap.co.uk



Natural Beauty Awards Winners

BABY & CHILD



Baby Oil

GOLD Oil Day Long, £22.50 skin-genius.co.uk
"I felt this was good value for money at £22.50 for 100ml. It smelled gorgeous, with a fresh lavender fragrance, and the calendula made it especially useful for my baby's bath! It took a while for the product to absorb into skin when applied directly, and the fragrance was subtle once applied. It helped my baby's skin recover where he had cradle cap, by moisturising his scalp." **Amy W**
SILVER Fall into Dreams Mother & Baby Massage Oil, £29 littlebutterflylondon.com
BRONZE Mumanu Organic Mum & Baby Balm, £20 mumanu.com

Baby Balm

GOLD Wonder Balm, £35 vemel.co.uk
"This balm has been used to soften skin, smooth eyebrows, soften hands, put on a bruise and calm frizzy hair. It really is a wonder balm and can be used for all sorts. It has a nice feel to it and isn't too greasy. It feels nice on my skin. My kids love it too. Plastic free. Nice look to the packaging, comes with a spatula to put balm on which is good in terms of cross contamination." **Eden R**
SILVER Gem's Dry Skin Balm for Babies, £15 gemsnaturalskincare.com
BRONZE Baby Bee Balm, £22 naturallittlebee.co.uk



Children's Shampoo

GOLD Eco Warrior Baby and Child Relaxing Bedtime Hair and Body, £4.95 littlesoapcompany.co.uk
"This is the first time my children have used a bar shampoo so it was quite the novelty. It smells AMAZING, lathered well and encouraged them to clean themselves better than normal! They loved the fact it could be used on their hair and their body. The bar came in a little box so easily recycled. Great value product." **Nicola W**
SILVER Honey Cream Shampoo, £5.49 mini.u.co.uk
BRONZE Eco Warrior Baby and Child Gently Cleansing Hair and Body, £4.95 littlesoapcompany.co.uk

Nappy Cream

GOLD Zinc and Calendula Cream, £11.99 lyonsleaf.co.uk
"I used this on my toddler's nappy rash and I it seemed to calm the redness after one application. My toddler stopped complaining of being 'sore'. A little goes a long way, particularly as it is a barrier cream so it doesn't sink in and leaves a pale white mark on the skin. doesn't appear to have added fragrance but it has a subtle scent. I like the design of the label, there is enough information on the actual jar as well as the box. It's easy to dispense the required amount." **Katy H**
SILVER Oh-Lief Natural Olive Bum Balm, £13.95 ohlief.co.uk
BRONZE Magical Wool, £7.95 magicalwool.com





Natural Beauty Awards Winners

BABY & CHILD



GOLD



Children's Bubblebath

GOLD Kit & Kin Baby Bubble Bath, £9.99 kitandkin.com

"I absolutely love this product. My little one has such sensitive skin and this is so gentle for her. It has a lovely soft smell that lingers after but isn't too overpowering. It does not seem drying like others and the kids feel all clean after using." **Helen B**

SILVER Bubbles in the Breeze

Top to Toe Wash, £19.50 littlebutterflylondon.com

BRONZE Mini U Sparkling Strawberry Bubble Bath, £5.75 mini.u.co.uk

Baby Lotion/Cream

GOLD Soothing Skin Balm With Frankincense & Lavender, £12 valleymist.co.uk

"A lovely, thick balm with a calming fragrance that is soothing to use and leaves my skin feeling soft. Most of the ingredients are organic too and 100% natural.

I liked the brand's sustainable approach - they give you the option to leave out certain packaging if it's not needed and the product comes in a glass jar. A solid all-round product." **Victoria J**

SILVER Coconut Oil Baby Lotion, £10.99 kokoso.co.uk

BRONZE Datsit Unscented Whipped Body Butter, £15 datsit.uk



GOLD



6

5



7



2



3

BEST BUYS

1 Mumanu Organic Baby Decongestant Balm, £8.50 mumanu.com

2 Pure Baby Balm, £9.99 lyonsleaf.co.uk

3 Baby-Soft Balm Stick, £8.99 kokoso.co.uk

4 Organic Baby Balm, £12 nealsyardremedies.com

5 Baby Balm, £19 aforapothecary.com

6 Oh-Lief Natural Olive Baby Balm, £13.95 ohlief.co.uk

7 Baby Skin Balm With Calendula & Rosehip Oil, £12 valleymist.co.uk

8 Little Emy nappy cream, £16 tropicskincare.com



8



4



1



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100% natural. Potent, gentle and effective. Zinc & Calendula Cream has now won three Green Parent Gold medals for Nappy Cream. Lyonsleaf multi-tasking Beauty Balm has won two gold medals in Cleanser and Daytime Moisturiser categories. Lyonsleaf - Winning gold medals for 10 years.

DISCOUNT CODE VALID UNTIL 30TH SEPTEMBER 2024



Natural Beauty Awards Winners

HAIRCARE



GOLD



Hair Treat

GOLD Akamuti Organic Coconut Oil with Ylang Ylang, £9.95 akamuti.co.uk
"Product is all over moisturiser and can also be used as hair treatment oil. Fairly simple one - coconut oil with added essential oils. You only need a small amount of this hard oil as it melts when in contact with hands or body. My hair loved this oil and was almost silky after use! Product comes in metal tin that can be easily recycled or reused to store something else as is decent size." **Laura L**
SILVER Revitalising Hair Tonic, £14.95 weleda.co.uk
BRONZE Natural Scalp Scrub (Hibiscus + Mint), £16.99 awakeorganics.co.uk



GOLD

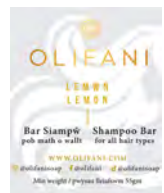


Conditioner

GOLD Summer Dreamer - Solid Conditioner Bar with Jasmine & Rose, £10 wild-ona.com
"This has converted me to solid conditioners. The ones I used previously just didn't feel like they did the job but this feels so much more nourishing than any bottled conditioner I've ever used. My hair feels strong and silky after washing and it lasts for 3 days. The smell is also divine! Would 100% recommend, plus I feel good for treating lightly in terms of packaging. An all-round win." **Elizabeth C**
SILVER Luxury Botanical Conditioner for Normal/Dry Hair, £12.99 thesolidbarcompany.com
BRONZE Coconut + Sesame Natural Conditioner, £16.50 awakeorganics.co.uk



GOLD



Styling Product

GOLD Dry Shampoo - Dark, £8 rawnaturez.com
"This product has a gorgeous smell and is easy to apply. It is in the style of a salt shaker which you tip onto the hair, a little goes a long way. This one was in a brown shade to reduce discolouring. I gave this product to my daughter as she has brown hair and she loved it. Her hair lifted after use." **Cath S**
SILVER Curl It Defrizzing curl creme, £15 nirvananatural.co.uk
BRONZE Strands Away Flyaway Wand, £11.99 lovenoughty.co.uk



GOLD



Shampoo

GOLD Caffeine + Rosemary Natural Shampoo Powder, £18.98 awakeorganics.co.uk
"I LOVE this shampoo - the smell is just lush, it is easy to use, a little water and it lathers really well. My hair feels clean and light following a wash. The bottle it comes in a tin and not plastic which I like. A little goes a long way as well." **Cath S**
SILVER Petal Power Conditioning Shampoo Bar, £11 bloominsoap.co.uk
BRONZE Lemon Shampoo Bar, £9 olifani.com



Natural Beauty Awards Winners

PREGNANCY



Bath Product

GOLD Rinse and Retreat Sensitive Body Wash, £10 tropicskincare.com
"This body wash has a luxurious thick texture a little seems to go a long way. Feels like a body mask when applied to the skin initially and then lathers into a soft and shiny foam. Leaves skin feeling cleansed, and has a light fresh scent. Skin felt nourished and clean, felt good for sensitive skin. After 2-3 days of using my skin felt soft and supple. The effects don't last after the shower or bath like an oil but certainly feels like your body has had a deep cleanse." **Diana H SILVER** Mother's Bath Oil, £19 nealsyardremedies.com
BRONZE Sensitive Almond Nourishing Body Wash, £8.25 weleda.co.uk

Massage Oil/Cream

GOLD Mumanu Organic Aromatherapy Massage Collection, £80 mumanu.com
"These delightful individual massage balm tubs are perfect for all-over-body indulgence and attention to the skin and body. They are light but effective, beautifully fragranced, natural products that soothe the skin and awaken the senses. The different scents are unique and it's great to be able to choose depending on your mood. This would be a great gift! The effects are instant and last for hours. My skin tone felt much brighter and more even after using. So nourishing, itchy, dry patches of skin are soothed and eliminated (shins, elbows, hands, feet). Perfect for pregnancy tummy massage and attention. I enjoyed taking some time to relax whilst it soaked into my skin." **Diana H SILVER** Organic Unscented Massage Bar - Pure, £8 valleymist.co.uk
BRONZE Calendula and Marshmallow Balm, £11.99 lyonsleaf.co.uk



Breast Care

GOLD Bosom Ritual Balm, \$89 mammae.com.au
"This product looks indulgent and expensive. There is a fragrance to it but it's not too strong and smells pretty natural. The texture is thick and you need to apply liberally at first, it then melts into a creamy oil on your skin. I applied this to my nipples and breasts and it does feel nourishing. Effects are instant but I would add it sinks into the skin pretty fast - could be my skin was dry and tapping it up! Nipples and skin felt softer and more supple after a few applications." **Diana H**



BEST BUYS

- 1 Stretch Mark Oil, £11.99 kitandkin.com
- 2 Natural Olive Pregnancy Balm, £15.95 ohlief.co.uk
- 3 Mum's Tummy Butter, £11.95 akamuti.co.uk



Supplement

GOLD Organic Amla, £24.97 trueveda.com

"I was very excited to start the capsules as I'm perimenopausal and have been looking into different supplements. After a few days of taking these capsules twice a day I noticed that my energy levels had increased, mental alertness, quality of sleep, emotional well-being and my hormones seemed more balanced. I also noticed I wasn't having as many night sweats, my anxiety and heart palpitations had calmed down and I didn't wake as much as I normally do." **Lyn S**

SILVER HRI Clear Complexion, £5.49 hriherbalmedicine.co.uk

BRONZE Inspiriko - Organic Black Seed Oil, £19.99 inspiriko.co.uk



After Sun

GOLD Moisturising After Sun with Insect Repellent, £17 greenpeople.co.uk

"This feels really cooling and soothing on the skin, which is reinforced by the fresh peppermint smell. It felt very nourishing and it's great that its anti-mosquito as well!" **Jessica M**

SILVER Sun Soothe cooling aftersun lotion, £22 tropicskincare.com

Toothpaste

GOLD Remineralising and Whitening Toothpaste Tabs, £5 gudyu.co.uk

"I loved these tabs, they were so easy to use. I preferred them to regular toothpaste because there was no fuffing about. You pop a tab in your mouth, crunch it up for a few seconds into a paste then brush, that's it. The packaging was completely recyclable, and plastic free." **Amy W**

SILVER Sensitive Toothpaste, £9.97 paist.co

BRONZE Applenint Baby Toothpaste, £3.50 brushbaby.co.uk

Sun Protection

GOLD Baby & Kids Natural Mineral Sunscreen SPF 30, £24.99 suntribesunscreens.com
*"Love this mineral sunscreen - been using it for a couple of years now and it's our family's favourite. And what's not to love with ingredients that you can trust being safe with necessary testing backing it up, they are also organic and sustainably sourced, the sun cream itself applies easily with a child approved scent, the packaging is 100% bio based, and best of all, the cream works super effectively - so top marks!" **Evelyn K***

SILVER Soliel Bébé Organic Sunscreen for Babies & Children SPF 50, £24 baiebotanique.com

BRONZE Shade All-Natural Sunscreen, £11.95 not-the-norm.com





PROUD WINNERS



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TARGET SPOTS WITH THIS UNIQUE HERBAL MEDICINE



The natural, active herbal extracts in HRI Clear Complexion tablets target spots and acne for healthy, clear skin.

Using a unique blend of Blue Flag and Burdock root, this traditional herbal medicinal product is used for the symptomatic relief of minor skin conditions such as spots, pimples, blemishes, mild acne and mild eczema. Based on traditional use, it has the THR symbol to signify quality and safety. Always read the label.

HRIherbalmedicine.co.uk





5 Skin Dream firming night cream, £48 [tropicskincare.com](https://www.tropicskincare.com)
"Packed with nourishing plant butters this cream looks and feels supercharged. I love the rich, rehydrating formula, which is certified organic."

6 Cleansing Face Milk with upcycled Oat Powder + Aloe Vera, £19.99 [upcirclebeauty.com](https://www.upcirclebeauty.com)
"This cleanser is brilliant – effective, calming to my skin and smells lovely. And it is made by this company who have nailed circular beauty – the oats are upcycled from the food industry and you can send back your bottle for refill."

7 Organic Ashwagandha, £29.97 [trueveda.com](https://www.trueveda.com)
"This is a power supplement. I love how within a few days of taking this I feel more relaxed and at ease. Everything seems to flow! Vegan capsules come in an attractive glass bottle."

8 New Skin Moisturising Facial Polish Exfoliant, £78.34 [swisstoniq.com](https://www.swisstoniq.com)
"A beautifully packaged gentle facial scrub that gives a good polish to tired-winter skin. My face glowed after using this product, with its combination of rich oils like rosehip and argan."

9 Arella Vegan Collagen, £32.99 [arella-beauty.co.uk](https://www.arella-beauty.co.uk)
"I noticed a difference in my skin tone quite quickly after starting to take this daily vegan collagen formula. It's flavoured with Japanese Plum so can be taken straight from the sachet."

10 Forest (Day) Cream, £89 [starseednatural.com](https://www.starseednatural.com)
"Dreamy botanical cream in a wonderful jungle-green waterless formula. It smells so good – earthy and rich – and comes almost as a gel. Once applied it soaked quickly into skin."



1 Saponins Cream Cleanser, £42 [sachiskin.com](https://www.sachiskin.com)
"This is a velvety cleanser with Ayurvedic properties that's super effective at removing makeup and leaving skin feeling refreshed and bright."

2 Rose Renew Regenerating Serum, £46 [baiebotanique.com](https://www.baiebotanique.com)
"This wonderful serum hydrates and softens almost instantly. My skin felt radiant after use and this effect lasted for hours. A new favourite to add to my morning routine."

3 Wonder Balm, £25 [franchineyoung.com](https://www.franchineyoung.com)
"I love a multi-purpose product! This Wonder Balm can be used as a cleanser or moisturiser and I found it really nourishing as a night treatment."

4 Orange Blossom Facial Oil, £25 [luvmyoil.co.uk](https://www.luvmyoil.co.uk)
"This replenishing night oil smells divine and comes beautifully packaged in a glass bottle and wooden lid. Felt like a real decadent treat."



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