

A detailed watercolor illustration of various flowers and foliage surrounds a central white oval. The flowers include pink, yellow, orange, purple, and red blooms, along with small yellow daisies and clusters of tiny flowers. A butterfly is visible on the left side.

the
Green Parent

Natural Beauty Bible

2025

**Over 250 Natural
Beauty Products
Tried and Tested**



Hello gorgeous You!

I'm so excited to introduce you to the Green Parent Natural Beauty Awards winners this year. And a big, warm welcome to your 2025 Beauty Bible. Inside you'll find all the outstanding, award-winning products across a wide range of categories from mascara to menstrual care, nappy cream to night moisturiser.

Our panel of testers has spent the last few months trying out hundreds of products, and reviewing and rating each product against a strict set of criteria. Using the ratings and

comments provided by our testers we then choose the finest in each category, in terms of effectiveness, sustainability and company ethics.

And now you can use this handy guide to help you choose the very best for your family with complete peace of mind. Get started now and select yourself a super ethical treat or two from the winners. Get more natural beauty inspiration over on our website at thegreenparent.co.uk or follow us on Instagram [@thegreenparentmag](https://www.instagram.com/thegreenparentmag).
Melissa - Founder and Editor

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With many thanks to all our testers

Shahida Arman, Elizabeth Cohen, Jo Cowen, Lucy Cunningham, Lucy Farmer, Catriona Graffius, Katy Hackett, Charlotte Hartley, Catherine Joyce, Evelyn Kogler, Kimberley Lane, Pat Lessiter, Laura Lismanis, Amy Mathieson, Amy Merriman-McGhee, Jessica Morris, Alice Mudie, Abby Render, Jennifer Robertson, Lila Rose, Lyn Shephard, Cath Smith, Emma Stokes, Stacey Taylor, Kate Thomas-Collins, Hester Van Hien, Hannah Venning, Alice Mudie

Editor: Melissa Corkhill letters@thegreenparent.co.uk • **Art Director:** Jez Harris

For information about next year's awards, contact beauty@thegreenparent.co.uk

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Serum

GOLD Virajati Illuminate Facial Serum, £39 moksa.co.uk

"I adore this, it has a real spa like smell to it. I used a few drops in my hands to apply to my face and so meant my hands feel the benefit too. My skin felt instantly hydrated and glowing and continued to feel moisturised."

Stacey T

SILVER Pure Face Serum, €67 zenzorganics.com

BRONZE 3B Blue Elixir Bio-Retinol Face Oil Serum, £23.99 beautycleanseskinscare.com



Eye Cream

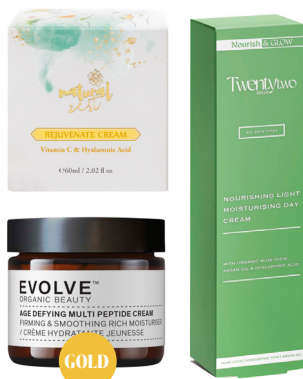
GOLD Simply Refine Overnight Super Serum, £34.67 justbenatural.co.uk

"I try to incorporate some face massage and yoga into my daily routine and this serum is great for that. It's like an oil and makes massaging around my eyes so easy and relaxing."

Hester VH

SILVER Hyaluronic Eye Serum, £19 evolvebeauty.com

BRONZE Pure Eye Cream, \$41 zenzorganics.com



Day Moisturiser

GOLD Age Defying Multi Peptide Cream, £40 evolvebeauty.com

"I am really enjoying using this cream. At first I thought it was slightly heavy for daytime but the richer texture is good for ageing skin and I have continued to use it both day and night. My skin felt very soft. There was an improvement in the appearance of my skin. It has a gorgeous smell of mandarin. I prefer this type of dispenser as you can easily see how much you have left and simply take the required amount from the jar without wastage. The packaging is environmentally friendly."

Pat L

SILVER Rejuvenate Vitamin C & Hyaluronic Acid Cream, \$86

naturalzestskincare.com

BRONZE Nourishing Light Moisturising Day Cream, £28.99 22skincare.com

Facial Scrub

GOLD Divine Facial Polish, \$46 naturalzestskincare.com

"This is a lovely polish for those amongst us with sensitive skin. The polish itself is made out of finely ground rosehip seeds and deeply hydrating organic plant oils. It gently sweeps away dull, dead skin cells and I genuinely felt my skin loving it, with the oils nourishing the skin at the same time so after rinsing off, I simply dabbed the water away and felt my skin more polished."

Evelyn K

SILVER Flower Petal Deep Cleanser + Mask, £35

theorganiapharmacy.com

BRONZE Face Smooth Nourishing Polish, £22 tropicsskincare.com



Cleanser

GOLD Peppermint Cleanser, £26 sellich.co.uk

"I've been feeling a bit groggy in the mornings, and this gentle, refreshing peppermint cleanser wakes me up and leaves me feeling revived after my morning shower."

Charlotte H

SILVER Eucalyptus & Lavender Cleansing Balm, £32.99

whiterabbitsskincare.co.uk

BRONZE Gentle Cleanser & Make-up Remover - Oil to Milk, £25 annefortin.co.uk



GOLD



Night Moisturiser

GOLD Green Tea and Avocado Radiance Night Cream, £21.50 shaloahskincare.co.uk

"This is a nice, thick feeling cream and it feels very gentle on the skin. My skin felt moisturised after using it, and I would estimate this is may be a great one for sensitive or oily skin because while it feels thick at the time, once rubbed in it feels surprisingly light. I really enjoyed using this cream and appreciating the thick creamy texture. I used it in the day under makeup for this reason and it sat really nicely. I think it's also a great price for a lovely night cream." **Hannah V**
SILVER Moon Cream – Waterless Botanical Overnight Treatment, £54 starseednatural.com
BRONZE Wonder Balm, £45 franchineyoung.com



Facial Oil

GOLD Rose and Sandalwood Facial Serum, £14.95 shaloahskincare.co.uk

"Oh my goodness! I fell in love with this product from first sniff! And it really is super special. It left my face feeling gorgeously soft, my skin just drank it up. I started using it every morning before I put my make-up on and the moisture lasted all day. The smell is absolutely heavenly. It feels like a very decadent treat but is an amazingly affordable oil." **Lucy C**
SILVER Meadow Face Oil, £52 seilich.co.uk
BRONZE Multivitamin Clarifying and Brightening Facial Oil, £35 mybemora.com

Toner

GOLD Rose Floral Facial Toner, £15 luvmyoil.co.uk

"A firm favourite! The smell was gorgeously rich and I felt thoroughly hydrated whenever I used it. Over multiple uses my skin felt brighter and plumper. A real crowd pleaser of a toner and a great price. The wooden top was a great addition." **Catriona G**
SILVER Floral Tonic, £42 inlightbeauty.co.uk
BRONZE Age Defying Hydrating Face Mist, £30 evolvebeauty.com



Face Mask

GOLD SICILIA – Green Clay & Lemon Mask & Scrub, £29 casamencarelli.co.uk

"This is a dry powder type mask that you can mix either with water, floral water or, as the brand suggests, honey. Once it is all mixed up, you can use it as a mask or scrub. When I used it as a scrub I found that it worked really well to remove any dry skin cells and excess oils. My face felt smooth and fresh after use, ready for a mask or moisturiser. After the use as a mask my skin felt very clean and pores minimised without feeling any tightness as that can sometimes happen after using clay masks. Really pleased with the result using it either way." **Laura L**
SILVER Rose & Shine Face Mask, £8 elstreesoaps.com
BRONZE Dead Sea Mineral Mask & Brush, £40 thedeadseaco.com



GOLD



BEST BUYS

- 1 Rejuvenating Face Wash, £16.50 nakiniskincare.com
- 2 Happy Days Cleansing Balm, £24 nevesbees.co.uk
- 3 Gentle Manuka Face Wash, £13.99 farmsteadnaturals.co.uk
- 4 myAuthentic Skincare Cleansing Foam, £18.99 my-authentic.com
- 5 Beira's Charm – Oil to Milk Cleanser, £18 nana-kats-apothecary.co.uk
- 6 Restore Face & Body Elixir, £15 elstreesoaps.com
- 7 Calendula Cream, £11.99 lyonsleaf.co.uk

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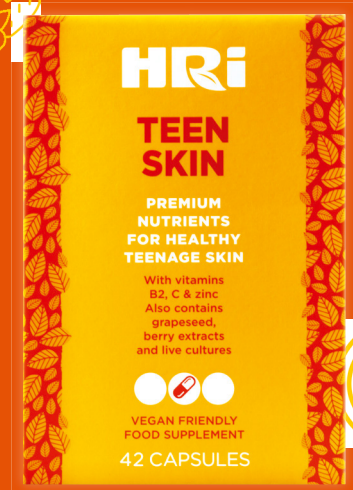
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Foundation

GOLD Liquid Radiance Adaptogen Serum Foundation, £38 tropicskincare.com
"This is a beautiful soft, slinky foundation that looked great on. It glided on effortlessly. I tried it with a brush to build layers but preferred applying it with my fingers. It's quite subtle and not at all heavy, it covered my skin evenly and my skin felt soft and smooth after using it. It has a nice scent and so easy to use and apply. It was easy to remove at the end of the day and didn't clog my pores like my regular foundation does. I was really impressed that it had so many natural ingredients in it too." **Amy M**

SILVER Mineral Foundation, £15 honeypieminerals.com
BRONZE Classic Foundation, £49 englishmineralmakeup.co.uk



Eye Shadow

GOLD Golden Goddess Eye Shadow Palette, \$55 domebeauty.com
"This is such a fun product for nights out or parties! It has a great selection of shades, from more natural tones to brilliant sparkles. The shades can be quite subtle if just applied by finger or deep if using a brush. They are lovely and luminous and feel soft on my skin. They last well and wouldn't need reapplying." **Elizabeth C**

SILVER Natural Mineral Children's Play Makeup Kit, £25.95 thenaturalplaymakeupcompany.co.uk

Blusher

GOLD Mineral Blusher, £9 honeypieminerals.com
"I loved using this product. It's a really flattering colour and looked great on, it gave me a fresh glow and even my children noticed when I was wearing it and said I looked a bit less old! It's very easy to use and a little goes along way so it's good value for money, it's a loose powder so it's easy to build and blend and the colour worked well for day and night time. I felt confident wearing it and it didn't irritate my skin at all." **Amy M**



Tinted Moisturiser

GOLD Natural BB Cream + SPF15, £20 love-ethicalbeauty.co.uk
"A great BB cream for when you don't want to use a moisturiser. It offers a good coverage which is buildable and keeps skin moisturised. Bonus points as it has SPF! A little goes a long way." **Jo C**



Lip Stick

GOLD Velvet Tint Stick, £9 nirvananatural.co.uk
"This certainly feels velvety and applies smoothly and evenly. The tint is light enough to give my cheeks a lovely glow and makes my lips look noticeably deeper - it accentuates the natural tone. It has gentle fragrance that reminds me of chapstick!" **Elizabeth C**



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Concealer

GOLD Mineral Concealer, £9
honeypieminerals.com

"This is really lightweight and blends in beautifully, and it's not chalky or cakey at all. I dusted the tiniest bit over my red patches on my cheeks post-cleanse. Before using my foundation, it genuinely took the edge off without making me look weirdly green or ghostly. It just tones things down in a really natural way. Also, it doesn't irritate my skin at all which is a massive win, because my face gets a bit dramatic over anything too harsh. Plus, the ingredients are super clean, which is always a plus. It's great to know that it's another brand using reusable, recyclable and refillable packaging too. Basically—if you're on the fence about green correctors, this is a great one to try. Subtle but effective." **Emma S**

SILVER Undercover Skin-Enhancing Concealer, £22 **tropicskincare.com**



Lipbalm

GOLD Lemon & Lime Lip Balm - Lemonade, \$18.99
NZD **yesorganics.nz**

"Sunny, happy, light, bright, beautiful lip balm. The colours, the feel, the everything. Love it. Same quality of goodness as the rose hip one that they make and it's silky, smooth and deeply moisturising. Such a great product. This is a great company. 'Made with love and care in NZ' it says, and I can really feel that. A product that exudes love and goodness." **Lila R**

SILVER Nature's Lip Balm Eucalyptus, £8
gemsnaturalskincare.com

BRONZE Nourishing Lip Oil, £15 **luvmyoil.co.uk**

Mascara

GOLD Mesmerise Mascara, £22
love-ethicalbeauty.co.uk

"What a delightful find - this mascara has truly impressed me and has become a standout in my makeup routine. Made in the UK and formulated with clean ingredients, it allows for a guilt-free beauty experience. The wand features fine bristles, making application effortless and precise, with minimal clumping or mess. What I appreciate most is how easily it washes off at the end of the day - no excessive rubbing or harsh removers required. My eyelashes also seem to genuinely respond well to it; I've experienced no stinging, dryness, or irritation, which can be an issue with many conventional mascaras." **Evelyn K**



Lipgloss

GOLD Lip Saviour - Colour Enhancing Lip Oil, £30
delilahcosmetics.com

"It's not often that you find a beauty lip product that uses a zamac tip. It glides effortlessly over the lips and gives a soothing application that's both functional and indulgent. Not only does it bring out your lips' natural colour, but can also be paired over your favourite lipstick or balm for a glossy look. The formula itself has lots of nourishing ingredients like argan oil, jojoba oil, shea butter, and castor seed oil, which left my lips feeling soft and hydrated. This is a luxurious, eco-conscious addition to any beauty routine. It's costly, but goes the extra mile to provide a touch of hydration and colour if you need it." **Emma S**



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nonastieskids.co.uk

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Body Scrub

GOLD Body Smooth Refreshing Polish, £28 tropicskincare.com
"This body polish smells sweet and a little bit citrusy, reminding me of lemon meringue pie - mmm! It contains exfoliating sea salts, making it a good body scrub. It's also a bit oily, which makes it feel very nourishing." **Hester VH**
SILVER The Ritual of Sakura Sugar Body Polish, £18.90 rituals.com



Deodorant

GOLD Natural Deodorant - Orange & Patchouli, £7.25 kutis-skincare.co.uk
"The smell is amazing and lasts all day. Goes on very smooth and silky. Really effective and I love it! Great paper packaging and is sturdy and easy to use" **Jennifer R**
SILVER Fragrance Free Crystal Deo, £5.20 urtekram.com
BRONZE Eucalyptus & Peppermint Solid Deodorant Stick, £8.95 weleda.co.uk



Bath Treat

GOLD Bath Soak, £29 inlightbeauty.co.uk
"Deep, nourishment, rich, earthy... Such a wholesome creation, beautiful herb constellation and general feel, it looks beautiful, and oh my, the scent. Quiets the mind, settles the emotions and nervous system, balances the inner world. Each time I use this beautiful product I receive such a healing. It feels like an ancient concoction, created by the wise women... nurturing from the earth. More than a 'product', this is beautiful Medicine." **Lila R**
SILVER Arnica Muscle Soak Bath Milk, £17.50 weleda.co.uk
BRONZE Harmony Bath Salts, £28 sesnara-rituals.com

Body Cream

GOLD MotherSage Body Butter, £23.99 mothersage.com
"I absolutely love the smell, look and feel of this body butter. I find that some body butters can be quite greasy and they don't absorb very easily. This one feels very nourishing and buttery, but it spreads easily and gets absorbed by the skin very well. It also doesn't leave my hands sticky. After using some body butters, I find that I need to wash my hands before I can continue with the rest of my day, but not with this one! It's pink in colour and I love a bit of pink. It just adds a little spark of joy to my morning routine. It makes my skin feel very soft." **Hester VH**
SILVER Foot Balm, £15.99 lyonsleaf.co.uk
BRONZE Calming Butter, £17.99 droughtsecret.com



Body Oil

GOLD Nourishing Body Oil, £14 todburnsoaps.co.uk
"This body oil was a pleasure to use, it smells of lemons and herbs. My body feels so moisturised and smooth after using it. The effects are long lasting, the fragrance lingers on my body." **Shahida A**
SILVER Aromatherapy Calming Body Oil, £48 therosetree.co.uk
BRONZE Replenish Face & Body Elixir, £15 elstreesoaps.com



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Body & Bath Winners



Soap

GOLD Travel Bar,

£2.99 friendlysoap.co.uk

"This is a nice smelling bar of soap. It is a bit of a multi-tasker - can be used as a hand and body soap, shampoo or even for clothes! It has a light zesty smell that has been created using lemongrass, lavender, tea tree and peppermint essential oils. Great for travelling as it will save space in the 'liquids bag'." **Laura L**
SILVER Eco Warrior Hand & Body Bar, £3.75 littlesoapcompany.co.uk
BRONZE Rose Geranium Spa Bar, £8 blissandmagic.co.uk

Shower Gel

GOLD Body Wash, £10
tropicskincare.com

"This is a really lovely creamy body wash. It's a joy to use. I left my shower feeling clean and moisturised. It looks beautiful, fresh yellow and bright. It is recyclable through the Tropic Recycle Reward scheme." **Katy H**

SILVER The Ritual of Sakura Foaming Shower Gel, £10.90 rituals.com
BRONZE Fragrance Free Body Wash, £7.40 urtekram.com

Menstrual Care

GOLD Eco Femme Organic Day Pad, £8.50 earthwisegirls.co.uk
"Love, love, love this pad!!! It's bright pink on one side for starters - my favourite colour! With a gorgeous stripy pink side too. So already feels like a fabulous treat to wear. It's also incredibly soft and velvety which is obviously super comfortable. The wings secure easily with a popper and it doesn't feel bulky. I wore it for a medium flow day and it was very absorbent. What's more it washed and dried really well too. This would make a great gift for a girl who had just started her periods, it's so pretty. I love the values behind this product too and the fact it's handcrafted in India with organic cotton. I would 100% buy from this company in future." **Lucy C**
SILVER Stretch Super Heavy Period Pants, £21.99 wuka.co.uk
BRONZE WUKA Care Gummies Range, from £19.99 wuka.co.uk



Handcream

GOLD Chamomile Hand Rescue Balm, £10 soapfolk.com
"This solid balm melts with the warmth of my hands, feeling slightly greasy at first, but it's perfect for my very dry skin. I use it as an overnight moisture treatment, and it's worked wonders. My hands feel nourished, and my dry, ragged cuticles are now much softer and healthier. I liked the different packaging, a folded over piece of cardboard, tied with twine, with a circular cut out where the tin sits. The tin and minimal cardboard packaging can be easily recycled." **Catherine J**
SILVER Gem's Dry Skin Balm, £16 gemsnaturalskincare.com
BRONZE Calendula and Marshmallow Balm, £11.99 lyonsleaf.co.uk

BEST BUYS

- 1 Magic Potion, £5 bombdivant.com
- 2 Lavender Salt Bath Cube, £5 soapfolk.com
- 3 MotherSage Bath Salts, £16.99 mothersage.com
- 4 B Organic Soothing Body Balm, £15 b-organic.co.uk
- 5 Rescue Butter, £17.99 droughtsecret.com
- 6 Natural Vegan Deodorant - Bergamot & Sage, £7.25 kutis-skincare.co.uk
- 7 Baby-Mild - All-One Magic Soap, £9.99 drbronner.co.uk
- 8 Eco Warrior All Over Body Bar, £3.75 littlesoapcompany.co.uk
- 9 Wee Bairsn - Newborn Baby Fragrance Free Natural Soap, £7 castleapothecaryscotland.com



Baby & Child Winners



GOLD



Baby Balm

GOLD Baby Balm, £12.99
balmnatural.com

"I used this balm as a hand cream. It is very moisturizing and helped my dry hands. My son has eczema, this helped his dry sore patches. The effects are lasting as you only need to put some on after washing hands. I will be buying this for my son. The packaging is all recyclable. The glass jar is 50g and will last about a month with regular use." **Shahida A SILVER** Skin Salvation, £15 **balmmonds.co.uk**
BRONZE Wee Balm - Moisturising Fragrance Free Lip Balm, £4.50
castleapothecaryscotland.com

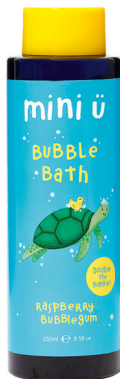
Bubble Bath

GOLD Kit & Kin Baby Bubble Bath, £9.99 **kitandkin.com**

"This stuff is so lovely! I've been using it on the kids (super gentle on their skin) but also using it myself and it's perfect for a chill bath AND even works great as a shaving alternative. It bubbles up nicely without being full of harsh ingredients, it smells really gentle and clean, and leaves skin feeling soft, not stripped. It's one of those products that just feels nice to use - no dryness, no irritation, just happy skin all round. My little one has super sensitive skin (and I struggle with eczema myself), so I'm always a bit paranoid when it comes to bath products. So many of them are packed with stuff that causes flare-ups or leaves skin feeling dry and tight, but thankfully not this one. This stuff is super gentle. Honestly, I even sneak some into my own baths sometimes when my skin is acting up." **Emma S SILVER** Mini U Raspberry Bubblegum Bubble Bath, £5.75 **mini.u.co.uk**
BRONZE Free to Foam KIDS Bath Bubbles, £24
littlebutterflylondon.com



GOLD



GOLD



Baby Lotion

GOLD All Day Fun Kids Protection Face Cream, £28
littlebutterflylondon.com

"It's been so great to see my two-year-old genuinely excited about a skincare product - the Little Butterfly London face cream for kids has become a delightful and fun part of our daily routine. It has an easy airless pump dispenser which only needs to be pressed down and a little bit is dispensed, so nothing goes to waste. It is perfectly designed for little hands, making it easy for her to use independently. The cream itself is light and fruity-fresh, and has nourishing ingredients like rosehip, marula, and flaxseed oils. I appreciate that it's 100% natural, organic-certified, and clinically tested to be gentle on sensitive and eczema-prone skin such as mine and my daughter's." **Emma S SILVER** Cream Come True, £16.50 **skin-genius.co.uk**
BRONZE Wakeberry Cocoa Berry, £18.50 **etsy.com**



Baby & Child Winners



Baby Oil

GOLD Kit & Kin Baby Oil,
£9.99 kitandkin.com

"Very pleasant natural aromas with lavender and floral notes. Easy to apply oil, left minimal oil on skin and next day skin was noticeably softer. Simple streamlined look. Easy to open and use. Lid is very effective so no worry about spillage. Easily recyclable." **Amy MM**

SILVER Little Roary Baby Oil,
£18 tropicskincare.com

BRONZE Oil Day Long,
£22.50 skin-genius.co.uk



Children's Shampoo

GOLD Mini U Tropical Berries Hair & Bodywash, £5.49 mini.co.uk

"We loved this hair and body wash, it has a gorgeous tropical scent that lasted throughout the day. Bath times can be hit and miss so having a product that can do hair and body in one is super useful. My daughter's skin and hair felt lovely and soft afterwards. It's also suitable for newborns so we will be using for our new baby when she arrives, perfect for joint bath times." **Abby R**

SILVER Balmonds Body, Hand & Hair Wash, £22 balmonds.co.uk

BRONZE Hair to Dream KIDS Conditioning Shampoo, £24
littlebutterflylondon.com

Nappy Cream

GOLD Zinc and Calendula Cream, £11.99 lyonsleaf.co.uk
"Almost scentless. Easy to apply and non greasy. Quickly heals broken/raw skin particularly around nose. Simple glass pot in a handy 30ml size. Great for on the go. 15 out of 15" **Amy MM**
SILVER Little Emy Nappy Cream, £16 tropicskincare.com
BRONZE Magic Salve, £9.99 kitandkin.com



BEST BUYS

1 Calm Balm - 100% Natural Skin-Relief Treatment, £20
wildmintcosmetics.com

2 Baby Butter, £18.99
podorganics.co.uk

3 Face the Day Stick, £14.99
mumandyou.com





Hair Treat

GOLD Treatment Conditioner, £16 hairyjaynehandmade.co.uk
"This conditioner smells lovely and is a light cream, which does not leave the hair heavy. It is recommended to use on the ends of the hair and can be left overnight as well. My hair has felt healthy and clean since using this product, reducing frizz and dryness and is good value for money." **Cath S**
SILVER Drops of Thirst, £17.99 droughtsecret.com
BRONZE Let's Bond Leave-in Treatment, £14.99 lovenoughty.com

Shampoo

GOLD Strength and Shine Shampoo cream, £16.49 nylahsnaturals.com
"It lathers really well and definitely tamed my wild curly hair. It's very moisturising as my hair has got dryer as I've aged." **Shahida A**
SILVER Eco Warrior Nourishing Shampoo Bar, £5.50 littlesoapcompany.com
BRONZE Shampoo bar for sensitive scalp, £11.60 mollia.ro



Styling Product

GOLD Mane Tamer, £13.99 lyonsleaf.co.uk
"The wax melted easily in my palms and didn't feel sticky or greasy. It was very easy to work it through my dry frizzy curls and I was really impressed with the results - defined, bouncy and hydrated curls that lasted much longer between washes than usual. I've used Lyonsleaf skincare products before so was excited to try a hair product. The jar is a handy size and perfect for popping in my bag to smooth my curls if they get frizzy. The neck of the jar is plenty big enough to allow your fingers to scoop out some of the wax. The jar is easily recycled." **Catherine J**
SILVER Plant Based Hair Paste, £11.50 nonastieskids.co.uk
BRONZE Plant Based Hair Gel, £11.50 nonastieskids.co.uk

Conditioner

GOLD Rosemary Revitalising Conditioner, £11.95 weleda.co.uk
"I love using hair conditioner, and I apply it to my ends after every wash. I love the smell of this conditioner. This conditioner makes my curly hair feel soft, but not limp, and it gets any knots and tangles out, which is important for me, because I don't actually brush or comb my hair." **Hester VH**
SILVER Rose Geranium & May Chang Solid Conditioner Bar, £8 elstreesoaps.com
BRONZE Caffeine + Rosemary Conditioner, £27.99 awakeorganics.co.uk



BEST BUYS

- 1 Hair Detangling Spray in Strawberry, £11.99 nonastieskids.co.uk
- 2 Super Botanicals Conditioner, £16.49 nylahsnaturals.com
- 3 Fragrance Free Sensitive Scalp Conditioner, £6.35 urtekram.co.uk
- 4 Light Conditioner, £16 hairyjaynehandmade.co.uk
- 5 Anti-Dandruff Scalp Hair Oil, £15.99 ayumi.co.uk
- 6 SUK. Black Cube, £18 suk.boutir.com
- 7 Nettle & Jasmine Shampoo, £16 nirvananatural.co.uk
- 8 Rose Geranium & May Chang Solid Shampoo Bar, £8 elstreesoaps.com



Essentials Winners



Supplement

GOLD Organic Boswellia Serrata, £24.97 trueveda.com
"I was looking forward to trying these capsules as I have struggled with my joints for the last couple of months since I started perimenopause. I work in a primary school so I'm always on my feet and it was becoming very painful. After only a few days of using these capsules I started noticing a considerable difference to my joints - some days there was no aching at all. My joints feel more supple and I have better movement. This product has got me interested in trying other capsules in the range. I love that it's completely natural and I'm now no longer having to use unnecessary painkillers. I will be purchasing more as soon as these run out." **Lyn S**
SILVER Multi-Collagen Capsules, £18.99 inspiriko.co.uk
BRONZE Arella Vegan Collagen, £32.99 arella.co.uk

Toothpaste

GOLD Mint Whitening Toothpaste - Fluoride-Free, £3.99 www.urtehrambeauty.com
"As a family we all like this toothpaste which is great as we can all use the same one. It has a whitening effect, a fresh mint flavour and scent and is effective for cleaning teeth. Will buy in the future." **Katie C**
SILVER Charcoal Toothpaste for Allergy Sufferers, £6.95 monkeyandmoon.com



Sun Protection

GOLD Baby & Kids Natural Mineral Sunscreen SPF 30, £24.99 suntribesunscreen.com
"I love this easy-to-use sunscreen that comes in a sugar-cane tube. It has no nasties, provides great sun protection and has been created specifically for the skin of sensitive children. My daughter is happy to wear this - the sweet scent helps! Oh, and it doesn't sting and lasts well during water play. It leaves a slight white sheen, which makes it easy to spot any areas you've missed." **Lucy C**
SILVER Shade Al-Natural Sunscreen, £12.75 shadecream.com



Perfume

GOLD Rêve de Hanami, £52 rituals.com
"This is a beautiful perfume! It gave me Sakura straight away, and when I read the fragrance notes I thought they were spot on. It smells absolutely beautiful and lasts pretty well too. The packaging is really beautiful and felt luxurious but it is also recyclable without unnecessary plastic accents so it ticked all the boxes for me." **Hannah V**



BEST BUYS

- 1 Beautiful, £15.99 togetherhealth.co.uk
- 2 True Veda Organic Triphala, £24.97 trueveda.com
- 3 HRI Teen Skin, £13.49 hriherbalmedicine.co.uk

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Bath Product

GOLD Rinse & Retreat Sensitive Body Wash, £10 [tropicskincare.com](https://www.tropicskincare.com)
"I really like this body wash which is specially formulated for use during pregnancy. I am being cautious of what products I use while pregnant so it's been great to use a product that I can trust won't irritate my skin in any way. The smell is lovely and fresh and so nice in my morning shower, and my skin feels really soft and nourished afterwards and stays that way throughout the day." **Abby R**

Breast Care

GOLD Kit & Kin Breast Balm, £11.99 [kitandkin.com](https://www.kitandkin.com)

"This product is an absolute must for any new mum. It's labelled as a nipple balm but can be used for use on baby or any area with dry skin. Really soothing balm, that is gentle on the skin but does the trick and I won't be without it on my coming breastfeeding journey. I love that you can keep it on after application, no need to have to think about wiping it off before feeding again." **Abby R**
SILVER Nipple Treasure - Post Nursing Moisturiser, \$19.99 [bellytreasures.com](https://www.bellytreasures.com)



Massage Oil

GOLD Balmonds Scar & Stretch Mark Oil, £20 [balmonds.co.uk](https://www.balmonds.co.uk)

"This is a great multipurpose scar oil that has a heap of lovely botanical ingredients included. I love the versatility of this oil and have been using it on my growing pregnant bump, as well as some dry patches of skin I have on my hands. The smell is lovely and it soaks in easily and keeps the skin nourished for a while. It doesn't feel greasy after applying which is great." **Abby R**
SILVER Elixir Radiance-Boosting Omega Oil, £30 [tropicskincare.com](https://www.tropicskincare.com)
BRONZE NausyBelly- First Trimester Soothing Blend With Bracelet, \$35.99 [bellytreasures.com](https://www.bellytreasures.com)





and enriched with rose and sandalwood essential oils, this face serum delivers vitamins and minerals deep into the skin."

5 Intensive Balm with Marshmallow and Frangipani, £49 therosetree.co.uk
"A decadently scented waterless balm, perfect to nourish, moisturise and repair skin. Rich but with a fast absorbing, velvety texture."

6 Cocoa & Hempseed Lip Balm - Choccolicious, \$18.99 NZD yesorganics.nz
"This delicious lip balm is full of goodness, packed with antioxidants, omega fatty acids, anti-ageing, moisturising and rejuvenating oils and butters. Has the taste and smell of delicious dark chocolate."

7 Hair & Scalp Super Oil, £28.99 awakeorganics.co.uk
"A stimulating blend that nourishes your hair and balances your scalp. The organic oils are specifically chosen for their high-nutrient density and ability to encourage healthy hair growth and overall scalp health."

8 Shampoo Concentrate, £16 hairjaynehandmade.co.uk
"Love the idea of sustainable shampoo bars but struggle with them? Here's a sulfate-free shampoo with to gently invigorate and cleanse. The oil-free formula leaves hair super soft without weighing it down."

9 Comfrey and Calendula Rub, £21.99 lyonsleaf.co.uk
"The essential oils in this product have been selected for their known benefits to the muscles and joints and to make the rub warming, soothing and relaxing."

10 Gem's Dry Skin Balm for Babies, £15 gemsnaturalskincare.com
"Melts beautifully on the skin. This product hydrates and restores dry, sore, itchy skin and is also suitable for skin prone to baby eczema. This doesn't sting at all; it's calming and soothing."



Editor's Picks Winners

1 Brilliant Body Oil, £34.95

kinvaraskincare.com

"A silky and absorbent body oil enriched with cold-pressed organic oils that helps to soothe, soften and hydrate your skin, leaving it feeling revitalised and nourished."

2 Glowing All Over, £35 nuzest.co.uk

"This pea protein supplement is packed with vitamins, minerals, berries, and Dermaval – a complex scientifically shown to help protect against collagen and elastin degradation."

3 Wild Rose & White Tea Smoothing Day Cream,

£22.95 weleda.co.uk

"Luxurious daily formula, which provides an immediate moisture that lasts all day. Expect luminous complexion and visibly smoother, healthier-looking skin."

4 Rose and Sandalwood Facial Serum, £14.95

shaloahskincare.co.uk

"Formulated with rosehip, jojoba, apricot and almond plant oils

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