

Over 250 Natural Beauty Products Tried and Tested

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Welcome

Welcome to the Natural Beauty Bible 2023. I'm excited to reveal all the award winning products this year. Each product in The Green Parent Natural Beauty Awards goes through a rigorous testing process. This way we can ensure that the winners in each category are the very finest in terms of effectiveness, company ethics and sustainability. Testers spent months at the beginning of this year trying out everything from organic lipstick to nappy

cream, supplements to shower gel. Now you can use this handy guide to the very finest natural products to help you make the right choices for you and your family.

Follow us on Instagram **@thegreenparentmag** for lots of fun parenting and natural beauty content over the coming months. Want more Green Parent? Subscribe: **subs.thegreenparent.co.uk**.

Wishing you a summer of love,
Melissa Corkhill – Editor

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With many thanks to all our testers

Shahida Arman, Helen Bogle, Laura Bridle, Sophia Chen, Elizabeth Cohen, Elaine Cowie, Lucy Cunningham, Camille Del Pozo, Lucy Farmer, Hannah Finch, Catriona Graffius, Katy Hacket, Emily Hale, Coral Homes-Gifford, Victoria Jaques, Catherine Joyce, Evelyn Kogler, Olivia Knight, Kimberley Lane, Laura Lismanis, Amanda McLauchlan, Kirsty McNicol, Tania Purdie, Eden Rose, Sally Seddon, Catherine Smith, Maria Smyth, Emma Stokes, Hannah Venning, Amy Wilson, Pauline Woodcock

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For information about next year's awards, contact beauty@thegreenparent.co.uk

Advertising Sales: Hayley Biddulph hayley@thegreenparent.co.uk. We are an editorially led magazine, which means intelligent, non-biased journalism. Advertising space is available to companies with a desire to make the world a greener place.

Website: thegreenparent.co.uk • **Subscribe:** subs.thegreenparent.co.uk



Facial Oil

GOLD Regenerating Facial Oil, £42 baiebotanique.com
"I absolutely love this facial oil! My skin just drinks this up and it has really given it a glow and a boost. I love the results I am seeing. The ingredients are 100% natural and over 90% are organic. I did find the recommended one pump slightly too much so I applied the excess to my hands and arms, they too are now looking much improved. Fantastic product, definitely one of my repurchase items." **Pauline W**
SILVER Overnight Treatment Facial Oil, £60 theorganicchemist.co.uk
BRONZE GLOW Complexion Boosting Face Oil, £24 baremoo.com

Day Moisturiser

GOLD Calming Daily Face Lotion, £40.17 clemenceorganics.com
"This 50ml bottle of lotion is the perfect travel companion for your skincare, travel or everyday use. Easy to slip into a small handbag, the simple push pump means that there's no risk of spilling - even when used on an awkward angle. The product is small and unobtrusive while still looking stylish. The minimal cardboard packaging compliments the product extremely well." **Emma S**
SILVER BEFORE N'AFTER all-over daily lotion, £27.99 drlipp.com
BRONZE Dr Sally's Soothing Skin Cream, £13.50 chapelyardorganics.com



Eye Cream

GOLD Recover Nourishing Eye Cream, £35 pestleandmortar.shop
"A first class eye cream, thick enough to feel it's making a difference but not too cloying. I felt a real difference with my eyes over the last few days. Well worth the price." **Catriona G**
SILVER Tri-Serum, £89 formulaeprescott.com
BRONZE Regenerating Eye Cream, £32 baiebotanique.com



Cleanser

GOLD Nakin Advanced Cleansing Milk, £15 nakinskincare.com
"This is a lovely creamy cleanser, which removes make-up effortlessly. It leaves my skin feeling instantly fresh and clean and it didn't leave my skin feeling tight, just nice and hydrated. It has a very gentle fragrance and it was really easy to remove with cotton pads" **Catherine J**
SILVER The Cleanser, £26 ofnature.co.uk
BRONZE Absolute Cleansing Oil, £23.45 kinvaraskincare.co.uk



Face Mask

GOLD From the Deep, £25 rawroop.com
"Love this so much. At first I wasn't sure as it looks similar to my son's slime, but it's so lovely to use. Goes on easily and my skin felt wonderful. I wore it overnight. No residue left on the pillow." **Laura B**
SILVER Meadow Face Mask, £32 seilich.co.uk
BRONZE Refresh Clay Mask, £11 florigy.co.uk



Facial Exfoliator

GOLD Sea Quartz Exfoliating Micro-Polish, £33.99 awakeorganics.co.uk

"Get a beautiful, clear and healthy complexion with this emerald green micro-polish. The innovative exfoliant is suitable for all skin types, from dry to oily, blemished to sensitive. The price of this product is on the high side, but so is the quality you get. With only a small amount of product needed, it will last for a long time and provide you with great results. It feels luxurious to scrub away impurities and dead skin cells, and this product especially leaves your skin smooth, glowing and taut without over-drying." **Emma S**

SILVER Hydrating Glow Exfoliant, \$54 NZD livingnature.com

BRONZE Silver and Birch Exfoliating Face Wash, £12.95 clarol.co.uk



Night Moisturiser

GOLD Vitamin Rich Face Butter, £34 vemel.co.uk

"This was a very rich moisturiser, its texture certainly more of a butter than a cream and I only needed to use a small amount. Although it took longer to absorb than some other creams, my skin can dry out and I found this had a nourishing, replenishing feel to it. I liked the mango/ peach colour of this cream and feel this added to the healthy glow I had when using it." **Amanda M**

SILVER Nightly Renew Facial Cream, £32 evolvebeauty.co.uk

BRONZE Rejuvenating Face Cream, £32.99 naturelementsskincare.com



Toner

GOLD Tone + Hydrate Spritz, £22.95 clemenceorganics.com

"This spritz smelt lovely and felt good on my skin. I used it as both a toner with a cloth to remove excess and as a spritz to rehydrate and refresh me as necessary. There was no residue and left my skin ready for moisturising." **Tania P**

SILVER Hydrating Toning Mist, £32 inikaorganic.com

BRONZE Honey & Orange Toner, £31 casamencarelli.co.uk



Skin Serum

GOLD Regenerating Face And Neck Oil Serum, £25 annefortin.co.uk

"I immediately liked the natural look of this glass bottle packaged serum and it most certainly did not disappoint. The easy to use pipette allows you to use exactly the amount you want, and applying this gorgeous face serum is just heavenly. The scent alone gives me an immediate sense of pampering and once applied, it leaves your skin nourished with a wonderful layer of oil. I have been using it in the evenings to allow my skin to absorb all the goodness from this magic serum." **Evelyn K**

SILVER Dream Hydrating Booster Serum, £55 elanskincare.co.uk

BRONZE 2% Hyaluronic Acid & 5% Vitamin C Serum, £43 glanacosmetics.co.uk

BEST BUYS

- 1 Cleanse No. One, £15.99 scienceofskin.com
- 2 Petitgrain and Everlasting Flower Cleanser, £16 silvanskincare.com
- 3 Vanilla & Geranium Cleansing Balm, £16 beetiful.co.uk
- 4 Beauty Balm, £14.99 lyonsleaf.co.uk
- 5 Age Embracing Face Cream, from £14 beinspiredcreams.buzz
- 6 Rose & Chamomile Hydrating Eye Gel, £14 purelakes.co.uk
- 7 Natural Face Oil, £14 retreataberdeenshire.com
- 8 Revive Face Oil, £14 floragy.co.uk
- 9 Nakin Exfoliating Radiance Tonic, £15 nakinskincare.com
- 10 Rose Face Berry Balm, £16 balmnatural.com
- 11 TeQ Serum, £17.95 kalme.co.uk



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Natural Beauty Awards Winners

MAKE-UP



Foundation

GOLD Mineral Foundation, £15 honeypieminerals.com
"Delicate, light coverage perfect for spring days. I liked the fact it went on as a powder over my facial oil as it left me with a warm glow. I wouldn't necessarily rely on it as coverage but it wasn't clogging or drying like I was expected from a powder foundation - because of the lovely, natural minerals used." **Lucy C**
SILVER Bubbles Mineral Foundation Powder, £28.95 uogauoga.com
BRONZE Classic Foundation, £43 englishmineralmakeup.co.uk

Concealer

GOLD Mineral Concealer Green Corrector, £9 honeypieminerals.com
"This is a silky mineral powder that you apply to red skin / under the eye, which did lighten my face, and is really good value at £9, as you do not need a lot of the product. The product lasted all day." **Amy W**



Lipstick

GOLD Cuteberry Nourishing Sheer Lipstick, £18.95 uogauoga.com
"I really liked this lipstick! It was easy to use and glided on, making my lips seem full and healthy. The colour was slightly sheer but bright, and it felt very moisturising, almost similar to a lipbalm and didn't drag over my lips or dry them out like some lipsticks. I usually go for slightly more coral rather than pink shades of lipstick but I did quite like this shade, although I would be keen to try this lipstick in other colours." **Amanda M**
SILVER My Stardust Junior Natural Mineral Lipstick, £5.99 thenaturalplaymakeupcompany.co.uk



Lip Gloss

GOLD Foxberry Lip Gloss, £16.95 uogauoga.com
"Smells yummy and tastes yummy. Made my lips feel very soft and didn't need to constantly reapply. Nice packaging, which is recyclable." **Eden R**
SILVER Lip Tint - Pinkalicious, 25.99 NZD yesorganics.nz
BRONZE Hydralust Lipgloss, £17.01 domebeauty.com



Blusher

GOLD Mineral Blusher, £9 honeypieminerals.com
"I love Honeypie Mineral's ethics and the quality ingredients they use; their products are free from problematic ingredients, they offer refillables, and they're a UK based, female-founded company. This blusher in particular gave a gorgeous, delicate rosy hue. The blusher is buildable if needed but you really don't need to use much of the product, it doesn't settle in to pores, lasts well and just makes my skin look and feel fresh. The blusher feels light and silky to apply - I can't rate it enough: the best value for money." **Victoria J**
SILVER Blusher, £29 englishmineralmakeup.co.uk



Eye Liner

GOLD Chromaforte Eyeliner, £17.01 domebeauty.com
"Very lovely to use, is smooth and precise. It is very pigmented and shows up well. It is also easy to wash off with make-up remover and a flannel. I really like this eyeliner and it is enjoyable to use." **Olivia K**



Bronzer

GOLD Bronzer, £22.95 ecotan.com.au
"Easy to apply bronzer. Gave skin a sun kissed look. And lovely packaging - it comes in a nice box" **Hannah F**

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Application Tools

GOLD Reusable Makeup Remover Pads, £9.95 earthwisegirls.co.uk
"I would never have thought to buy these but they are fab! Cleans your face so well - much better than a cotton pad. Ever so slight roughness made my face feel really clean and got tough mascara off." **Hannah F**



Mascara

GOLD Magnetic Mascara, £20.02 domebeauty.com
"Light weight formula that helps to feather the lashes beautifully with no clumps. The mascara goes on smoothly and doesn't flake off throughout the day, but still gives me enough volume that I can skip eyeliner. It's perfect for people who love a natural look, but want a bit more oomph than traditional brands offer. The end of the brush separates each lash as you gently sweep up through your eyelashes, delivering intense curl, length and volume in one application." **Emma S**



Lip Balm

GOLD Cocoa & Hempseed Lip Balm - Choccolicious, 18.99 NZD yesorganics.nz
"This was a great little lipbalm, ideal for day to day use as working on a laptop indoors all day, my lips can get quite dry. It had a pleasant cocoa butter taste and smell and moisturised my lips well, with no sticky residue. I also used it over lipstick when my lips were starting to dry and it worked well to refresh this." **Amanda M**
SILVER MotherSage Lip Balm, £11.95 hir.global/collection
BRONZE Vitamin E Lip Balm, £6.50 silvanskincare.com



Nail Polish

GOLD Blushing Bride, £8.50 easternmia.com

Tinted Moisturiser

GOLD Comet Tail Illuminating Face Primer, £16.95 uogauoga.com
"This is really easy to use and goes on the skin really nicely with little residue and a nice light feeling. It brightens the skin and I've had so many lovely comments since wearing it. It has a subtle fruity smell which is really nice and is long lasting. It is advertised as vegan and cruelty free." **Helen B**



Eyeshadow

GOLD My Stardust Junior Natural Makeup Palette, £18.99 thenaturalplaymakeupcompany.co.uk
"I thought this eye palette was such a well thought out idea: as a parent, I personally don't feel comfortable with the idea of my child wearing makeup but I can't deny that my daughter watches me apply my own makeup each morning and is so fascinated by the products and process, and this product really fulfils that desire to role play whilst being a natural, safe on skin, subtle and playful product. I feel that the marketing and design of the palette captures that playfulness factor; it doesn't feel marketed as being make-up for children in any way, just fun role play! I like that the colours are subtle (easy clean up afterwards) and the eye shadows are free from so many toxins that are present in face paint or other standard children's skin products. I even used a couple of the colours myself - winner! This is a UK made product, created by a Mum, and has lots of green credentials. I would definitely recommend this product and think it would make a really fun gift." **Victoria J**
SILVER Eye Pigment Collection, £32 englishmineralmakeup.co.uk

BEST BUYS

- 1 Sun Protection Lip Balm, £6.50 nirvananatural.co.uk
- 2 LipQ Balm, £9.50 lipq.co.uk
- 3 Rose Vegan Lip Balm, £5.55 battlegreen.co.uk
- 4 Lemon & Lime Lip Balm - Lemonade, 18.95 NZD yesorganics.nz
- 5 Zero Waste Vegan Lip Balm, £8 chilliwinter.co.uk

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Natural Beauty
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BEST BUY
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Natural, Organic, Vegan & plastic free

BalmNatural
Handmade - Vegan
Rose Face Berry Balm
Enriched with Rosehip, Pomegranate & Sea Buckthorn seed oils

Face Balm is amazing a little goes a long way
Fantastic product
★★★★★

balmnatural.com

  

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meet the winners



Alison is a mother who lives in North Wales and founded Olifani during 2022. Olifani's

journey started with a soap making workshop and subsequently a pandemic.

"I am a soap maker and pharmacist (a combination of science and creation). When training as a pharmacist I would spend many hours mixing ointments and creams on a slab and preparing various precise formulations. After attending the soap making workshop, a desire and passion to develop, research and formulate ensued.

During the pandemic when I had spare time I would read lots on soapmaking, undertake further online training and would make soap at home via the original, traditional cold processed method. Cold process soap making is the result of an ancient tradition. The recipe has to be

precise and the methodology causes a reaction called saponification. We had lots of soap in the house during the pandemic. All products are now prepared in a dedicated soap studio on the Isle of Anglesey."

PRODUCT RANGES

It started with soap and then salt soap bars, miraculous mineral bath salts, cuticle oils and clay masks – all prepared using high quality ingredients.

Salt Soap Spa Bars

Why use salt soap bars? They are deep cleansing into skin pores and don't dry the skin. Packed with coconut oil, olive oil and premium local North Wales' Halen Môn salt. The quality of the salt is immense – I can feel and see the sparkle of quality when I scoop it into the soap mixture. The salt bars are available in unscented or invigorate your senses with the option of peppermint, citrusy lemon, floral geranium, fruity grapefruit or relaxing lavender.

"The cold process soap making method is the result of an ancient tradition. The recipe has to be precise"

Miraculous Mineral Bath Salts

What's not to love with relaxing lavender miraculous mineral bath salts. Take some time out with self care, sprinkle a few scoops in the bath water. The combination of pink himalayan, epsom, fine sea salts and lavender essential oils – relax the muscles and joints and a magnesium boost! The aroma fills the bathroom so take your time to relax – perfect!

Cuticle Oils

Nurture and spoil your nails with Olifani's range of cuticle nail oils. Enriched with quality ingredients including apricot kernel oil, golden jojoba and vitamin E. Nourish your nails and help prevent breakages. A range of essential oil options include lavender, lemon, geranium, carrot seed and tea tree. An unscented version is also available. Spoil yourself and nails.

what products are next?

Watch this space. Olifani is expanding the clay mask range and will be launching luxury body serum's, shampoo and conditioner bars and body scrubs.

You can buy at
www.olifani.com or on Etsy
www.olifani.etsy.com
 For shops/spas stockist enquiries: e-mail
info@olifani.com
 Instagram [@olifanisoap](https://www.instagram.com/olifanisoap)



Bath Treat

GOLD Aromatherapy Bath Oil with Calming Rose & Ylang Ylang, £42 therosetree.co.uk
"Pure luxury in a bottle. It smells amazing and felt great on my body. The aroma filled the whole of the upstairs. Afterwards my skin was soft and smelt fantastic. It is a high quality product." **Tania P**
SILVER Lavender Miraculous Mineral Bath Salts, £8.25 olifani.com
BRONZE MotherSage Bath Salts, £16.99 hir.global/collection



Body Oil

GOLD Soothe and Smooth - Nourishing Body Oil, £18.95 coralineskincare.com
"This oil is incredible for sensitive skin - you can use it all over the body and even as a nappy cream alternative for newborn babies. It smells beautifully grassy and fresh, you can tell that the oils are of good quality. It smooths onto the skin well for such a rich oil and works well either with damp skin or onto dry skin, absorbing quickly and fully moisturising. This keeps my skin well fed and very happy." **Elizabeth C**
SILVER X-Cell Restorative Body Oil, £47.99 naturelementsskincare.com
BRONZE Serenity Body Oil, £30.71 blumainorganicskincare.ie



Body Scrub

GOLD Rest & Sleep Moonlight Slumber Soak & Scrub, £22 plantopialife.com
"This is my new favourite shower product! I love that it's vegan, recyclable, smells great and helps me get a better night's sleep. Will definitely buy again!" **Olivia K**
SILVER Rejuvenating & Revitalising Superfood Body Polish, £30 cacaoandglow.co.uk
BRONZE Prebiotic Multi-exfoliating charcoal Body scrub, £18 jayabeauty.com



Body Cream

GOLD Grapefruit & Lemongrass Hand & Body Lotion, £14.50 purelakes.co.uk
"This lotion absorbed into my skin easily leaving it feeling instantly hydrated and nourished. The grapefruit & lemongrass fragrance is simply heavenly and so uplifting - I couldn't stop smelling my arm to get the lovely citrus perfume and it felt so luxurious using this product every day. It left my skin lovely and soft and smooth." **Catherine J**
SILVER Ultimate SOS Balm, £28.70 clemenceorganics.com
BRONZE Armpit Serum, £28 elsas.co.uk



Shower Gel

GOLD Turmeric & Argan Body Wash, £6.99 ayumi.co.uk
"This body wash lathers well and has a lovely fragrance. It was the perfect consistency - runny enough to come out of the bottle easily yet thick enough to give a creamy lather. A little goes a long way - especially if you use a shower puff and one squirt was ample to clean my body." **Catherine J**
SILVER Aromatherapy Relax & Restore Body Wash, £19 brookeandshoals.ie



Menstrual Product

GOLD Earthwise Reusable Pads Buy 3 Give 1, £13.50 earthwisegirls.co.uk

"These pads have such fun and pretty designs. They are so soft and lovely, and discreet. They absorb really well and are simple but effective to use. They have a push button closure and offer two of these to adjust fit. Very simple care instructions to make this easy to use and work alongside a charity in Kenya to provide free pads to those that need there. Would recommend this product." **Helen B**
SILVER Eco Femme Day Pad, £8.50 earthwisegirls.co.uk
BRONZE In2Mate Range, £16.50 in2mate.co.uk



Hand Cream

GOLD Chamomile, Calendula & Hyaluronic Acid Hydrating Hand Balm, £15 purelakes.co.uk
"This rich balm felt cooling to my skin and the wonderful soothing and relaxing fragrance made the simple action of applying hand cream something a little more special. It absorbs quickly leaving hands delicately fragranced. My skin felt softer after a couple of weeks. It is a fabulous product and my hands not only feel nourished but hydrated too." **Catherine J**
SILVER Intensive Care Propolis Hand Cream (nut free), from £13 beesinspiredcreams.buzz
BRONZE Rich Moisturising Hand Cream, £14 oleobodycare.co.uk



Soap

GOLD Rosemary Natural Soap Bar, £2.45 friendlysoap.co.uk
"Herby scented soap that was easy to lather and use in the shower to wash, it cleaned my skin without drying it. This was one that my husband and boys preferred to myself just because of the scent." **Coral H-G**
SILVER Rockpool Seaweed Spa Bar, £6.50 westridingsoapworks.co.uk
BRONZE Cucumber & Aloe Vera Soap, £4.99 acalaonline.com



Deodorant

GOLD Moon Goo 100% Natural Deodorant, £12.99 awaheorganics.co.uk
"This is cream based deodorant. You can use your finger to apply the cream to underarms or mini spatula - whatever suits you. Easy to apply, absorbs quickly, does not leave white marks. Loved the unisex fragrance of lavender and lemongrass as it was not too powerful. Felt fresh all day and to my surprise, did not stink!" **Laura L**
SILVER Grapefruit & Mandarin Vegan Deodorant, £6.50 kutis-skincare.co.uk
BRONZE Natural Deodorant Patchouli + Geranium, £8 retreataberdeenshire.com

BEST BUYS

- 1 Chamomile & Orange Shea Body Butter, £10 todburnsoaps.co.uk
- 2 Muscle & Joint Balm - Black Pepper, Ginger & Chamomile, £14 purelakes.co.uk
- 3 Foot Cream, £16 silvanskincare.com
- 4 Sweet Dreams Body & Bath Oil, £16 clarityblend.com
- 5 Lavender Cuticle Oil, £8.75 olifani.com
- 6 Neem & Tea Tree Body Scrub, £6.99 ayumi.co.uk
- 7 Lavender & Bergamot Bicarb Free Deodorant, £6.50 kutis-skincare.co.uk
- 8 Organic Hand & Lip Balm Heal, £10 annefortin.co.uk
- 9 Sweet Orange & Rose Geranium Hand Wash, £5.99 rootsandwingsorganic.com
- 10 Nettle & Tea Tree shea butter soap, £8 bloominsoap.co.uk
- 11 Calming Chamomile Soap Bar, £7.95 coralineskincare.com

Thank you. Thank you. Thank you.

Earthwise reusable sanitary pads picked up Gold for Best Menstrual Product, with Eco Femme Day Pad in Silver, while our gorgeous bamboo makeup remover pads have picked up a Gold Award.



EarthwiseGirls.co.uk

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Nappy Cream

GOLD Zinc and Calendula Cream, £10.95 [lyonsleaf.co.uk](https://www.lyonsleaf.co.uk)
"A miracle worker nappy cream. I've bought this repeatedly due to recommendations from previous Green Parent Natural Beauty Awards so in a way I have an advantage that I've tested this product for years not weeks. My daughter has very sensitive skin and can get very sore and red when teething. This cream is the ONLY cream that not only soothes, but helps and even eliminates, the problem. It's unscented and only contains essential active ingredients so it is kind to her skin. A little goes an incredibly long way. It spreads easily without needing warmth to soften it. I recommend this to everybody because it is by far the best nappy cream I've ever tried. (Side note: I also really appreciate Lyonsleaf's small eco-conscious UK business credentials.)" **Hannah V**
SILVER Organic Babies Calming Nappy Cream, £12.50 [greenpeople.co.uk](https://www.greenpeople.co.uk)
BRONZE Cocoa Berry nourishing barrier butter, £12.50 [etsy.com/uk/shop/Wakeberryskin](https://www.etsy.com/uk/shop/Wakeberryskin)

Baby Lotion/Cream

GOLD Baby Cream with Calendula, £22.50 [beeinspiredcreams.co.uk](https://www.beeinspiredcreams.co.uk)
"Amazing moisturizing properties. I feel so pleased to have discovered this brand. The balm is the best I've tested and I love that it's so natural for my daughter and my six week old son. It doesn't have any scent and feels perfect for sensitive and very 'new' skin!" **Sophia C**
SILVER Baba West x Lyonsleaf Zinc & Calendula Cream, £26.99 [babawest.co.uk](https://www.babawest.co.uk)
BRONZE Cream Come True, £16.50 [skin-genius.co.uk](https://www.skin-genius.co.uk)



Baby Oil

GOLD Balmonds Bath & Body Oil, £12.99 [balmonds.co.uk](https://www.balmonds.co.uk)
"Oh my goodness - I have fallen in love with this brand! I feel like I want to buy the whole range. I've been searching for truly natural products for my daughter's sensitive skin. This wonderful oil ticks all the boxes. I've been using it to massage the baby but also sneaking squirts myself for dry skin patches too!" **Sophia C**
SILVER Pure Cold-Pressed Almond Oil, £4.99 [ayumi.co.uk](https://www.ayumi.co.uk)
BRONZE Kit & Kin Baby Oil, £9.99 [kitandkin.com](https://www.kitandkin.com)



Children's Shampoo

GOLD Bubbles in the Breeze - Top to Toe Wash, £19.50 [littlebutterflylondon.com](https://www.littlebutterflylondon.com)
"Wonderful product for sensitive skin; my daughter has eczema and her skin dries out easily when bathing which includes using shampoos in a bath. This product didn't dry her skin and left her hair really nicely washed and healthy." **Coral H-G**
SILVER Balmonds Natural Shampoo & Body Wash, £19 [balmonds.co.uk](https://www.balmonds.co.uk)



BEST BUYS

- 1 Skin Salvation, £13.99 balmmonds.co.uk
- 2 Pure Baby Balm, £9.99 lyonsleaf.co.uk
- 3 Little B Body Lotion, £14 bramleyproducts.co.uk
- 4 Datsit Unscented Whipped Body Butter, £12.50 datsit.uk
- 5 Soothe and Repair Cream, £13.95 shaloahskincare.co.uk
- 6 Happy Nappy Cream, From £9.50 beeinspiredcreams.buzz
- 7 Baby Nappy Ointment, £9.50 myrtleandmaude.com
- 8 Soothing & protective balm, £8.70 lamazuna.com/en



Baby Balm

GOLD Wonder Balm, £35 vemel.co.uk
"I love the fact that this is waterless. It immediately soothed my son's nappy rash and cleared up some irritating skin issues for all of us. I can't recommend this highly enough!" **Maria S**
SILVER Baby Calendula All Purpose Balm, £7.95 weleda.co.uk
BRONZE Little B Magic Balm, £20 bramleyproducts.co.uk



Bubblebath

GOLD Natural Baby Bodywash, £19 naturebaby.co.uk *"It's a huge bottle. Easy to apply with pump. Great you can get 30% off if you keep bottle to refill. Smells AMAZING and I want to use it myself. My son's skin is sensitive but no issues with this."* **Laura B**
SILVER Bubbles in the Breeze - Top To Toe Wash, £19.50 littlebutterflylondon.com



Shampoo

GOLD Eucalyptus Burst Shampoo Bar, £5 marshvalley.co.uk

"Shampoo bars are so affordable and great for the environment. This little beauty washed my hair well and moisturised my wild dry hair. Considering how much it costs, it's a bargain! The soap lathers well and has a citrusy fragrance. My hair felt manageable, soft and looked moisturised. The effects lasted 2 days." **Shahida A**

SILVER Limoncello Conditioning Shampoo Bar, £6.50 todburnsoaps.co.uk

BRONZE Herbal Boost solid shampoo bar, £10 bloominsoap.co.uk



Styling Product

GOLD Dry Shampoo, £12 hairjaynehandmade.co.uk

"I used this in-between my shower days and it did a great job. My hair stayed fresh looking and it will be perfect for when I am camping in the summer." **Eden R**

SILVER 100% Natural Hair Gel, £10.95 locksingoodness.co.uk

BRONZE Mane Tamer, £12.99 lyonsleaf.co.uk

Hair Treat

GOLD Hair Love, £26 devaiyaails.com "Lovely scent with a mix of herbs with vanilla, lavender and coconut oil, it left my hair smelling wonderful. I used this overnight as per the instructions and when I washed it out my hair was really well hydrated and healthy." **Coral H-G**

SILVER No. 3 Smoothing Hair Oil, £14 floragy.co.uk

BRONZE Hair Repair and Shine, £30 sageandylang.com



Conditioner

GOLD Hibiscus & Turmeric Conditioner, £8.99 ayumi.co.uk

"This has worked wonders on my damaged hair. From the first time I used it my hair was softer and more manageable. It has really tamed my annoying sticky out strands and in general my hair is looking shiny and healthy. It's easy to work through my hair and rinses out quickly. Very happy with the results from this conditioner." **Pauline W**

SILVER Prebiotic, Coconut & Chamomile Conditioner, £12.50 odylique.co.uk

BRONZE Coconut & Sesame Conditioner, £16.98 awakeorganics.co.uk

BEST BUYS

- 1 Friendly Soap - Peppermint & Eucalyptus Conditioner Bar, £4.95 friendlysoap.co.uk
- 2 Citrus Hair Conditioner Bar, £6.30 battlegreen.co.uk
- 3 Conditioner Bar, £9 hairjaynehandmade.co.uk
- 4 Reusable Bamboo Hair Wrap Towel, £16 helenround.com
- 5 Pre-Shampoo Treatment Oil £14 hairjaynehandmade.co.uk
- 6 Taming Medusa, £12 rawroop.com
- 7 Scalp Oil, £14.99 balmmonds.co.uk
- 8 Camelia & Kokum Conditioning Shampoo Bar, £9.99 acalaonline.com
- 9 Luxury Citrus Burst Shampoo Bar, £7 marigoldcharms.com
- 10 Detox Dynamo Clarifying Shampoo, £7.99 lovenoughty.co.uk
- 11 Exactlyhair Thermal serum, £12.99 exactlyhair.com
- 12 100% Natural Hair Smoothie, £10.95 locksingoodness.co.uk

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- 1 Breast Balm, £9.99 kitandkin.com
- 2 Stretch Mark Body Butter, £21.95 weleda.co.uk
- 3 Calendula and Marshmallow Balm, £10.95 lyonsleaf.co.uk
- 4 Belly and Boob Balm, £18 myrtleandmaude.com
- 5 Back Ease Massage Oil, £22 zitawest.com
- 6 Oil Day Long, £22.50 skin-genius.co.uk



Pregnancy Bath Product

GOLD Therapeutic Pregnancy Bath Soaks, £12 myrtleandmaude.com
"I loooooved these (and so did my kids!) It's like a tea bag for the bath full of lovely herbs and rose petals. It's exactly the kind of treat I needed to have a little self care during pregnancy. When my husband had the kids I would run a bath with these and practice hypnobirthing techniques! My kids liked the novelty of the 'tea bag' in the bath and I would reuse it for their bath afterwards. It's biodegradable and natural so it just made a lovely guilt free treat. I'd definitely buy these for another mum to be as a little treat." **Hannah V**
SILVER Restore & Renew Aromatherapy Bath Oil for Mum, £25 zitawest.com



Pregnancy Massage

GOLD Belly Stretch Oil, £19 naturebaby.co.uk
"My favourite of the belly balms/oils I tried. It was gently moisturising but didn't get too greasy and reduced my itchy skin on my tummy and boobs. It smelled nice and I believe it's helped me to keep my skin moisturised and thus far free of stretch marks (I know there's no product at all that can fully prevent this but I do believe moisturising those top surface layers helps, and arguably more importantly prevents feelings of itching and tightness!)" **Hannah V**
SILVER Balmonds Rosehip Scar Oil, £18.99 balmonds.co.uk
BRONZE Stretch Mark Defence, £24.99 scienceofskin.com





Vitamin/Supplement

GOLD True Veda Organic Amla Vitamin C, £19.97 trueveda.com
"These vitamins have been great to boost my health easily and using natural ingredients, especially with so many little bugs going about the kids' school and nursery. I noticed a difference in how many bugs I was catching so I'll continue to use this. The tablets are easy to swallow." **Helen B**
SILVER Inspiriko Love Thy Gut - Organic Prebiotics and Fibre Powder, £16.97 inspiriko.co.uk
BRONZE Ultimate Polyphenols, £45.71 myinvity.com

Sun Protection

GOLD Stick SPF50, £17 soldeibiza.com
"This sun stick reminds me of my stick deodorant. I imagine it's easier to apply when it is slightly warm. I love that this is all natural and it doesn't give my skin a bad reaction. It feels like a barrier rather than a cream that soaks in. That does come with benefits in that you only need to reapply after 40 minutes of swimming/sweating. This is a great adult product for small areas. It's great if you want plastic-free, totally natural, allergen-friendly, but it comes with a few downsides as a result." **Elizabeth C**
SILVER Suntribe All Natural Mineral Day Cream SPF 20, £24.99 suntribesunscreen.com



Best Toothpaste

GOLD Children's Tooth Gel, £4.25 weleda.co.uk
"What really gets my vote here is that there is no fluoride in this all-natural gel, flavoured with fennel and spearmint. This is perfect for my one year old son - I feel happy to have discovered it." **Maria S**



AfterSun

GOLD Balmonds Cooling Cream, £19 balmonds.co.uk
"I have loved products from this brand before so I was excited to try this cream. It did not disappoint. This cream is light, hydrating and smells absolutely beautiful. The herbal extracts it contains alongside the lavender and menthol make for an amazing scent which I cannot get enough of. It feels beautiful and luxurious on the skin and the menthol gives a very pleasant cooling effect. I love the fact that it is suitable for sensitive skins despite being scented and I am completely in love with this cream. It is completely natural with most ingredients also organic, and it is suitable for the whole family including babies from 6 weeks of age." **Camille P**



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