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Welcome



Get all the gorgeous natural goodies in one handy little guide! Here are the winners of our Natural Beauty Awards 2020. Use this guide when shopping for products for you and your family to ensure that you get the very best in natural skincare. Each product in here was thoroughly tested by a panel of testers. They were willing guinea pigs for everything from pregnancy bath oil to children's shampoo, organic mascara to beauty supplements. Read why they chose each of the winning products inside.

The beauty brands featured within these pages are committed to a better future for our children and grandchildren. Many of them are consciously giving something back and you can read about how brands like Organii and Weleda got started on the following pages. Come on over to thegreenparent.co.uk for more stories and actions you can easily take at home.

We are running our Plastic Free Awards alongside the Beauty Awards for the second year running. With these pioneering products you can be assured that you are not contributing to consumer waste or polluting the oceans. Want more? Get a weekly boost of Green Parent magic to help supercharge your weekend – go to tinyurl.com/tgpweekly. And subscribe to the magazine at thegreenparent.co.uk/subscribe.

Stay beautiful, **Melissa Corkhill** - Editor

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WITH MANY THANKS TO ALL OUR NATURALLY BEAUTIFUL TESTERS

Lydia Allt, Lila Anna, Hayley Anstice, Shahida Arman, Laura Ashton, Ellie Askham, Becci Bauer, Tania Beckett, Helen Bogle, Vicki Bowden, Laura Bridle, Juliet Burcher, Begona Castro, Elizabeth Cohen, Jennifer Crocker, Robert Cruickshank, Lucy Cunningham, Camille Del Pozo, Gemma Eales, Lucy Farmer, Catriona Graffius, Rebecca Gurnham, Hannah Hiles, Ben Holt, Victoria Jacques, Zoe Jolly, Catherine Joyce, Marianna Lamb, Kate Maclagan, Amanda McLaughlan, Catherine McLaughlan, Kirsty McNicol, Jessica Morris, Amy Newby, Justin Nurse, Simon Pope, Rachel Power, Tania Purdie, Vanessa Ramsden, Jennifer Reilly, Eden Rose, Gemma Sampson-Munday, Lyn Shephard, Liz Skidmore, Donna Taylor, Vicky Taylor, Victoria Tso, Ashleigh Waggott, Tania Watkins, Stephanie Walters, Sarah Williams, Amy Wilson, Pauline Woodcock

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Graeme Hume lives in the foothills of Galloway, Scotland. He has four children and seven grandchildren. He is the founder of pravera.co.uk and ORGANii.uk. They won Silver for their After Sun Cream, and Best Buy for their Protective Nappy Cream



"Originally I distributed organic chilled and frozen food to health

shops, moving into organic and natural skincare and cosmetics. In the meantime I started developing a new brand – ORGANii. As a distributor of organic and natural products I was working with many innovative products from small brands with packaging that didn't suit the UK market. I decided to launch ORGANii to encompass all of these products. Working with various ethical manufacturers and bringing novel, effective and good value products under one brand allowed us to meet the demand for these products with integrity.

Self-Care Secrets

Eat organic and do not use products with mineral oils.

Business Plans

We plan to launch a hand sanitiser and a surface



sanitiser later this year, both

products are the ideal size for when you are 'on-the-go' and will have a natural certification. We are also considering adding an exciting new product to our sun range in 2021 and possibly an addition to our baby range.



3 Ways to be sustainable

- 1 Be aware of the effect on the planet.
- 2 Don't be led by marketing speak, make decisions after researching and weighing up all the options.
- 3 Be true to yourself.



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NATURAL Beauty AWARDS SKINCARE



Day Moisturiser

GOLD B-Rose Facial Balm, £18, beautifful.co.uk "Very rich, nourishing balm which was a real sensory pleasure to apply. Great for areas of dry and problem skin, and beautiful rose fragrance. Used after getting windburn on my cheeks and in the morning it was gone. A real treat for face and spirits, and very affordable." **Lucy C**
SILVER Rose Day Cream, £21.50, drhauschka.co.uk
BRONZE Relax Calming Moisturiser, £22, nourishskinrange.com



Eye Cream

GOLD Nakin Eye Cream Complex, £18, nakinskinicare.com "This cream is very fluid so only a small amount is needed. It immediately softens fine lines and creases, really made my under eye area look much smoother. With continued use, the softening effects began to last longer. The cream is a good base for make up." **Pauline W**
SILVER Elixir Eye Firming Cream, £15.99, elixirsoflife.co.uk
BRONZE 30 Second Miracle™ Instant Eye Perfector, £85, monatglobal.com/uk



Cleanser

GOLD Rose Renew Face Wash, £19, baiebotanique.com "The face wash is quite liquid and easy to squeeze out of the tube. It lathered well and has a lovely fragrance. Just one wipe with a muslin cloth and my make up disappeared, leaving my skin lovely and refreshed." **Catherine J**
SILVER Frankincense Intense Cleansing Melt, £38, nealsyardremedies.com
BRONZE Lavender and Chamomile Cleansing Oil, £22, moksa.co.uk



Toner

GOLD Acqua di Miele - Honey & Orange Toner, £32, casamencarelli.co.uk "This toner was a delight to use, it smells of sweet honey and fresh oranges. I applied this using a cleansing pad, my skin was glowing and my pores looked refined. I use this in the morning and evening. The effects last for a day." **Shahida A**
SILVER Birch Hydrolate, £5, ecoearthstore.co.uk/shop/natures-creations
BRONZE Super Fruit Toner, £23.95, ecotan.com.au



Face Mask

GOLD Organic Apoteke Detox Face Mask, £35.95, organicapoteke.com "Oh I loved this face mask - it smells gorgeous! It goes onto the skin really evenly, and comes off easily too. Unlike other masks I've tried it doesn't flake, which is handy. It also doesn't scare my six month old so that's a plus!" **Rebecca B**
SILVER Purifying clay mask, £39.90, monttrod.com
BRONZE Clear Skin Blemish Fighting Mask, £20, tropicsskincare.com



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NATURAL Beauty AWARDS SKINCARE

Facial Scrub Exfoliator

GOLD Saira Skin Exfoliating Treatment Mask, £37, sairaskin.co.uk "This mask has a balm like texture and a little goes a long way. Has a lovely aromatic scent which is relaxing. It smoothed onto skin easily and I left for five minutes to work its magic. Skin felt cleansed and renewed and hydrated after removal. It did not irritate the skin and it looked brighter and more even." **Vicky T**
SILVER Fruit AHAs Exfoliating Mask, 5-Minute Treatment, £28, whitfords.co.uk
BRONZE Essential Exfoliating Polish, £51, sloweageing.co.uk



Serum

GOLD Frankincense Intense™ Lift Serum, £75, nealsyardremedies.com "I found that this product did make my skin feel more hydrated. The scent of frankincense is pleasant without being overpowering. It brightened my complexion and felt like it plumped my skin a little bit. This feeling lasted throughout the day. The product comes with a glass vial with an eyedropper to dispense it. The pot is an attractive shade of blue, and comes presented in a blue cardboard box with the Neals Yard branding." **Sarah W**
SILVER Organic Apoteke Rasayana Rejuvenating Serum, £54.95, organicapoteke.com
BRONZE All's well that gel's well, £17, skin-genius.co.uk



Facial Oil

GOLD No More Dramas face & neck oil, £24, queenbeennaturals.co.uk "The oil had a citrusy scent which was uplifting and fresh. The oil was easy to apply and soaked into my skin quickly. The oil was smooth but not greasy on the skin. My skin looked brighter after just one application and continued to feel more hydrated the following day. After a few days my skin continued to look brighter." **Kirsty M**
SILVER Willowberry Nutrient Boost Face Oil, £26.99, willowberry.co.uk
BRONZE Scented Marshmallow Soften and Rejuvenate Facial Oil, £17.99, lyonsleaf.co.uk

Night Moisturiser

GOLD Intense Regeneration Face & Neck Cream, £20, purepurposecosmetics.co.uk "This is a light moisturiser that just sinks into my skin, it's like giving my skin a drink. Even though the texture is light, the cream is really moisturising and has given my skin a real boost. Lines have really softened and my skin is looking fresher and plumper. I really like the effects of this moisturiser." **Pauline W**
SILVER Close of Play Overnight Radiance Serum, £60, puresavvy.co.uk
BRONZE Rose Beauty Balm, £18.50, 360botanics.co.uk



BEST BUYS

- 1 Rose Renew Face Wash, £19, baiebotanique.com
- 2 Soothing Cleansing Oil, £16, naturalbeautypot.co.uk
- 3 Geranium & Orange Cleansing Oil, £18.28, blumainorganicskincare.ie
- 4 Cleansing Balm, £14.50, wheeshmasks.co.uk
- 5 100% Natural Beauty Balm, £14.99, lyonsleaf.co.uk
- 6 Turmeric and Bergamot Face Mask, £6.99, ayumi.co.uk
- 7 Revitalizing Facial Oil, £19.96, lifestylenaturalhealth.co.uk
- 8 Glow Powder Cleanser, £19, bluelabelle.co.uk
- 9 The Konjac Sponge Co Bamboo Charcoal Heart in Plastic Free Packaging, £9.99, nicheand-cult.com
- 10 ZERO Night Cream, £12.99, skin-academy.co.uk
- 11 Vitamin Toner Pore Refining Mist, £14, tropicsskincare.com

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Christine McRitchie lives in rural Oxfordshire with her four daughters. She runs earthwisegirls.co.uk, a company who specialises in reusable period products. They won gold in our menstrual product category.



"I started selling reusable nappies and through this discovered reusable menstrual products, they were a popular sideline for the business. In 2015, I met Nancy Hunt of the Nasio Trust charity and we started working together to find a sustainable solution for menstrual care for girls in Kenya. That summer, we launched Earthwise Pads – we sell them in packs of three, and donate a pad to the Nasio Trust for every pack sold. So far we've generated

thousands of pad donations to a poor, rural area of Kenya.

Self-care secrets

Spending time in nature either walking my dog, or pottering in the garden. When I'm outdoors, I try to notice little things like wildflowers, the colours in the sunset, and take pleasure in the wonder of nature. I have also started to keep a gratitude journal. Each day I write down 3 things that I'm grateful for.

Business plans

We have two new product lines in development which we hope to have ready for market by the end of the year. I can't wait to introduce them to everyone!

Photo: Ana Green, blogger with an interest in eco-friendly living and niche beauty
www.anagoesgreen.co.uk.

3 Ways to be sustainable

- 1 Don't try to do everything at once! The best way to succeed is to make small changes periodically.
- 2 Use what you have. There's no point in throwing out all your Tupperware in favour of bamboo or steel containers. Use what you already have until it no longer serves its purpose, then choose a more sustainable alternative.
- 3 Buy local. Making time to tap into the resources on your doorstep is a great way to start living a more sustainable life.

NATURAL Beauty AWARDS MAKE UP



Concealer

GOLD Mineral Concealer
Green Corrector, £7.99,
honeypieminerals.com

"Soft powdery product which applies to skin really well and, because it's a powder, it doesn't crease or clump like some creams do, which is a big huge bonus. I have had dark circles under my eyes for forever and this is a rare product that actually fully covered them and lasted a good time on my skin. Very impressed!" **Lydia A**

SILVER benecos Concealer
Beige, £6.95, benecos.uk

BRONZE Love The Planet Light
Concealer, £12, lovetheplanet.co.uk

Eye Shadow

GOLD It-Pieces Refillable Make Up Palette, £26.45, benecos.uk "I enjoyed the convenience of using this palette which consisted of a highlighter, blush and four eyeshadows aimed at cooler tones. The colour palette is pretty and made it a lot easier to put together a toning look that would suit me. What I really liked about this product was that you can slide out the palette from the case and re-fill with any of the It-Pieces range, making it fun to try out different colours but also a much better alternative to buying new palette cases every time you run out of product or fancy a change. I've been impressed by this company as I've learned about them; they have the organic and vegan credentials but are also super affordable." **Victoria J**

SILVER Taupe Eyeshadow, £10, lovetheplanet.co.uk



Foundation

GOLD Mineral Foundation, £24, tropicskincare.com "This was a lovely light mineral foundation which was vegan and cruelty free too. It gave good coverage for my face and was easy to use. It also had SPF 25 UVA and UVB added protection which was reassuring. I liked the fact I couldn't feel it at all on my skin. Sometimes foundations can feel too heavy on my skin. This make up lasted all day for me." **Amy W**

SILVER Champagne- mineral foundation powder SPF 15, £24.35, uogauoga.com

BRONZE Foundation Stick Ivory, £9.45, benecos.uk



Lipstick

GOLD Kiss Me Quick Lipstick, £16, tropicskincare.com "This lipstick was my favourite product! It was a perfect colour for my skintone and was just slightly darker than my natural lip colour. It had a pleasant smell and taste, which may have been due to the mango butter. It felt soft and moisturising when on and did not dry out my lips un-like some other lipsticks I've tried." **Amanda M**

SILVER Electric Coral Lipstick, 33 NZD, livingnature.com

BRONZE Natural Matte Liquid Lipstick, £6.95, benecos.uk



Nail Polish Remover

GOLD Crystal Nail Polish Remover, £10.50, mavala.com "It works well, I felt it removed my nail varnish efficiently and left my nails feeling nice and soft." **Ashleigh W**

SILVER benecos Nail Polish Remover, £5.95, benecos.uk

NATURAL Beauty AWARDS MAKE UP



Lipbalm

GOLD Lemon & Lime Lip Balm - Lemonade, 16.99 NZD, yesorganics.nz "I love the fragrance and it kept my lips lovely and soft. It felt really moisturising and didn't feel sticky. I was really impressed because it nursed my dry lips from dry and flakey to super-soft and kissable in less than a week." **Catherine J**
SILVER Vegan Lip and Cheek Tint, £14, sageandylang.com
BRONZER Original Nipple Balm for Dry Skin, Luscious Lips & Glossy Bits, £12, drlipp.com



Nail Polish

GOLD benecos Nail Polish (Hot Summer), £4.95, benecos.uk "I love the colour of this cute little polish. I love that it contains no nasties and that the smell is not at all over-powering, compared to most other nail polishes I've used. My nails stayed bright and non chipped for a couple of days. I'm so pleased with this that I've treated myself to a few more colours!" **Sarah W**
SILVER Mavala Mini Color Beige Chill, £5.50, mavala.com



Eyeliner

GOLD Brush Eyeliner, £18.95, zaoesenceofnature.co.uk "I am terrible at applying liquid eyeliner and gave up on it years ago, opting for pencils instead. However, I found this liner's tip helped me to apply it in a really smooth way that is somehow quite forgiving with mistakes despite the striking intensity of the black. I loved the look and feel of the bamboo case - it makes the product feel quite solid which I think also helped me to apply it evenly. The liner lasts really well throughout the day without smudging or fading; I've loved the overall effect and been using it every day. The product is 100% natural and 68% organic. I'm now a liquid eyeliner convert." **Victoria J**
SILVER Natural Kajal black, £3.95, benecos.uk

Bronzer

GOLD Cooked Powder, £23.50, zaoesenceofnature.co.uk "I liked this product a lot. The powder applied easily to my skin and the colour was strong but not overpowering. It made me skin look healthier and glowing and lasted well." **Amanda M**
SILVER lavera Mineral Sun Glow Powder, £13.90, lavera.co.uk



Lip Gloss

GOLD Superfood Tints, £6.99, drlipp.com "Oh lovely little product! looks gorgeous and silky and is the same when applied. Slides onto the lips and stays there without drying! I can have dry lips so am wary of lipglosses but this one is wonderful and moisturising and has a beautiful colour and feel." **Lila A**
SILVER Lip Tint - Pinkalicious, 19.99 NZD, yesorganics.nz





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www.lifestylenaturalhealth.co.uk

NATURAL Beauty AWARDS MAKE UP



Mascara

GOLD Mesmerise Mascara, £20, phbethicalbeauty.co.uk "The brush applicator was easy to use and produced a good effect thickening and lengthening my lashes. The mascara did not smudge and lasted for the duration of the day. The mascara was easily removed using my usual cleansing routine." **Vicki B**

SILVER Certified Organic Flora Mascara, 29.50 AUD, zuiorganic.com

BRONZE Aloe Vera Mascara, £20.75, zaoesenceofnature.co.uk

Tinted Moisturiser

GOLD Tinted Moisturiser, £26, phbethicalbeauty.co.uk "I enjoyed using this product. I found this blended into my skin better than my usual product and suited my pale skin colour. It lasted well throughout the day and my skin continued to feel moisturised." **Catherine M**

SILVER Glow Natural BB cream with white amber, £14.30, uogauoga.com

Blusher

GOLD Tender - natural lip & cheek colour with black currant extract, £12.60, uogauoga.com

"I really enjoyed using this product - the lip and cheek colour is creamy, blends really nicely even just using the fingertips and is buildable. I loved the colour itself - it's lovely and rich yet still appears natural looking both on the lips and cheeks. I loved the credentials of the product, not only are they natural and contain organic ingredients but their manufacturing processes are eco-friendly. I was really impressed by the product and I've discovered they have a really fun range to explore!" **Victoria J**

SILVER Mineral Blusher, £7.99, honeypieminerals.com

BRONZE Certified Organic Flora Blush, 28.95 AUD, zuiorganic.com



Powder

GOLD Eco Glitter Fun SPARKLE 3pcs Blends Box 3, £15, ecoglitterfun.com

"I love this, it's so cool to have glitter that is biodegradable! It comes with aloe vera gel and a small bamboo brush to make it easy to apply. The aloe vera gel is really good at making the glitter stay on your face for a long time and isn't itchy or irritable." **Sarah W**

SILVER Barefaced Beauty Powder barefacedbeauty.com

BEST BUYS

- 1 Alpine Rose & Lysine Lip Balm, £13, balmkind.co.uk
- 2 Blooming Marvellous Lip Butter, £4.50, luckycloudskincare.com
- 3 Avocado lip balm, £2.99, fruuurskin.com
- 4 Coconut & Vanilla Lip Balm - Tropical Temptation, \$16.99 NZD yesorganics.nz
- 5 Mint Lip Balm, £2.95, benecos.uk

MEET THE Winners



Joanna Silva is the founder of Elan Skincare. She lives in Greenwich with her husband and two children. Elan Skincare won best buy for their Pure Goodness Body Butter. elanskincare.co.uk



"I launched Elan Skincare in 2017, two years after the birth of my second child.

Both my son and daughter suffered from eczema, and this made me look closer into natural skincare. When I was on maternity leave, I started to think about developing my skincare range. After years of working in the medical area, focusing on skin and wound care, I felt well placed to use my skills and experience to create a skincare line, which was both effective and very gentle on the skin.

All of Elan Skincare is safe for pregnant and nursing mums.

Self-Care Secrets

To me, self-care means finding time to look after my body and mind. I do yoga every morning before my family wakes up. It gives me energy and sets me up for the day. I appreciate things that make my life easier, make me feel better, or help me look my best. Small rituals, whether it is a five-minute face massage, dry brushing, or applying a body scrub when I shower.

Business Plans

Keep building a women-led, independent skincare brand that is trusted and loved in the UK and beyond. Our ethos is to make customers feel special, always striving to delight them. We put women first.



3 Ways to be sustainable

- 1 Recycle, reuse, and reduce
- 2 Support local, British, women-led companies whenever you can – the choice is astounding and the majority have sustainability at heart
- 3 Remember less is more

NATURAL Beauty AWARDS BODY & BATH



Deodorant

GOLD Space Cat Hemp + Probiotic Deodorant, £12, awakeorganics.co.uk
"I absolutely loved this deodorant. It was really effective and contains no bicarbonate. It was really smooth to apply and lasted 24 hours on a hot day. It worked really well with a very small amount." **Juliet B**
SILVER Ocean & Coconut Deodorant Spray, £5.99, crystalspring.co.uk
BRONZE Eco Deo, £6.90, greenplanetbeauty.co.uk



Bath Treat

GOLD Sleep Therapy Gift and Travel Set, £39, michelinearcier.com
"This set is absolutely amazing! The results are amazing. When using the bath oil I was transported to another dimension. I was instantly calmer, more relaxed, zen like and very, very sleepy. The oils were so powerful and potent, after using I had one of the best nights sleep I've ever had. The oil for the chest is the most powerful oil I've ever used; made me feel sleepy in such a comforting, soothing way. I wasn't aware how mood enhancing oils can be. A real treat for the senses and wellbeing." **Lyn S**
SILVER Tisserand Aromatherapy Total De-Stress Bath Oil, £12.95, tisserand.com
BRONZE Essential Bath Essence, £51, slowageing.co.uk



Hand Cream

GOLD Silky Hand Cream geranium + orange, from £8, beinspiredcreams.buzz
"I absolutely loved this hand cream! I loved the plastic-free packaging, the smell was beautiful and it absorbed well, with no greasy residue. It felt like a real treat for my dry hands, which felt nourished afterwards. It was excellent value at only £8, and I would definitely buy it again." **Gemma E**
SILVER Hydrating Hand Cream, £13.25, drhauschka.co.uk
BRONZE Nourishing anti-bacterial hand moisturiser, £4.99, bettyhula.co.uk



Body Oil

GOLD Sleep Tight Massage/Body Oil, £10, mrsfrisbeesallnaturals.co.uk
"We used this delicious oil on our feet and legs before bed. Everyone was relaxed and enjoyed it. The scent is very pleasant and it's not overpowering." **Tania B**
SILVER De-Stress Body Oil with Juniper & Grapefruit, £29, therosetree.co.uk
BRONZE Bath & Body Oil, £12.99, balmonds.co.uk



Body Scrub

GOLD Flow Cosmetics Heather Shave Bar, £13, nicheandcandle.com
"A beautiful looking and smelling soap bar. Feels very creamy to apply and makes shaving very smooth and easy. I hadn't shaved my legs in weeks so I put this product through its paces! It left my legs feeling very smooth and with no dryness or irritation from the shaving at all. Very pleased - this will definitely be on my must have list from now on." **Zoe J**
SILVER Tropical Blossom Body Polish, £22, evolvebeauty.co.uk
BRONZE Radiance Body Scrub, £12.99, urbanveda.com

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www.mrsfrisbeesallnaturals.co.uk

NATURAL Beauty AWARDS BODY & BATH

Menstrual Care

GOLD Earthwise Medium Pads, £13.50, earthwisegirls.co.uk "I loved the period pads from Earthwise Girls. They worked really well. I liked the colourful backing on them. I have had issues with pads slipping before, but not these, they were fantastic. Very easy to wash too and just put on the line to dry, no stains." **Juliet B**
SILVER FAIR SQUARED Period Cup Pink, £17.95, fair-squared.co.uk
BRONZE Earthwise Pads Starter Bundle, £19.95, earthwisegirls.co.uk



Body Cream

GOLD Sensitive Kefir Lotion, £17.95, chucklinggoat.co.uk "The creamy white lotion smoothly spreads over the skin and is quickly absorbed so no residue is left. My skin felt lovely and soft. I used it on my son, who has sensitive skin; he loved rubbing it into his skin and it was noticeably moisturised after just a couple of uses. His skin has remained soft after and it is now part of our daily routine as gave such good results." **Helen B**
SILVER Blissful Body Cream, £21.50, oleobodycare.co.uk
BRONZE Body Cream, £18, honeybeebeautiful.co.uk

Shower Gel

GOLD Soothing Body Wash, £9.99, urbanveda.com "I really enjoyed using this body wash. The smell was beautiful, it reminded me of incense and if filled the whole bathroom. The feel of it was like a creamy gel." **Jessica M**
SILVER Tisserand Aromatherapy Paradise Shower Wash, £9, tisserand.com
BRONZE Vintage Beauty Luxury Shower and Bath Oil £25, vintagebeauty.hu



Soap

GOLD Refreshing Lemongrass Soap, £5.95, luckycloudskincare.com "This was a lovely soap, really refreshing, as the name says. It left my skin really soft. I used it as a body soap and also a hand soap" **Juliet B**
SILVER LOVE Pure Essential Oil Soap, £9, kissthemoon.com
BRONZE Soap in a Tin Lavender & Chamomile, £7.50, purelakes.co.uk



BEST BUYS

- 1 Relaxing Rose Bath Tea, £7.50, bramblewoodsoap.co.uk
- 2 Dreamy Mineral Soak, £20, moa.co.uk
- 3 Pure Goodness Body Butter, £20, elanskincare.co.uk
- 4 Vegan Body Butter, £9.50, me-time-therapy.co.uk
- 5 Soil Massage Oil Relaxing, £13.20, soilorganics.co.uk
- 6 Battle Green Natural Deodorant Balm - Lavender & Tea Tree, £6.45, etsy.com/uk/shop/BattleGreenBox
- 7 Natural Deodorant - Grapefruit & Mandarin £6.50, kutis-skincare.co.uk
- 8 Natural Cream Deodorant, £9.50, blushberrybotanicals.co.uk
- 9 Refreshing Hand Balm, £8.95, kernowspa.co.uk
- 10 Douceur Wash, £12, michelinearcier.com
- 11 Manuka Honey Body Wash, 5.99, melora.co.uk
- 12 Baby Unscented Pure-castile Liquid Soap, £19.99, drbranner.co.uk
- 13 Athina, olive oil soap, £7, estiasoaps.co.uk
- 14 Bee Naked, £5.50, lilyandrabbit.co.uk
- 15 Hand made Natural Goats Milk Soap- Honey & Oatmeal, £4, tildastribe.co.uk
- 16 LL Cool Savage, £4.75, pretty-savage.co.uk
- 17 Tropical Sunshine - West Indian Lemongrass & Marigold palm free artisan soap bar, £9.50, kala-bashbodycare.com
- 18 Honey & Orange Goats Milk Soap, £3.75, marshvalley.co.uk
- 19 Mum Soap, £10, artioskincare.com
- 20 Geranium & Orange Soap, £5.50, louloubelleskincare.co.uk

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"I absolutely LOVED this bath oil. The smell was amazing and helped combat my nausea. It left my skin feeling so soft and moisturised. I'd love them to do a much bigger bottle as I think I'll be getting through a lot of it in my pregnancy." **Victoria T**

GOLD Mothers Massage Oil,
£19.50. **nealsyardremedies.com**
"I have been using this on
my newly post-partum body
for the past three weeks.
I've been applying it to my
stomach, breasts, thigh and
buttocks. The skin is now
very smooth and soft and I
think the appearance of the
stretch marks which became
visible in the last month of my
pregnancy are already starting
to fade. The smell is very mild
which is a plus for me." **Kate M**
SILVER No Harm Nipple Balm,
£16.50. **myexpertmidwife.com**
BRONZE Stretch Mark Oil,
£33. **artioskincare.com**



- 1 Ultimate Beauty Organic Skin Repair Topical Oil, £17, viridian-nutrition.com
- 2 Mum Tum Oil, £9, barebodycare.co.uk
- 3 Perfectly Pure Apricot, £18, butterwhips.com
- 4 Spritz for Bits, £19.50, myexpertmidwife.com
- 5 Belly Stretch Oil, £19, naturebabystore.co.uk



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ORGANII EVERYDAY ORGANICS

NATURAL Beauty AWARDS BABY & CHILD



Baby Oil

GOLD Pure Baby Massage Oil, £19, naturebabystore.co.uk "I really liked this massage oil. It smelt lovely and the bottle had a clever cap which meant it didn't spill if dropped like a lot of others on the market. It was easily absorbed but not too quickly to massage in." **Victoria T**
SILVER Baby Bee Nourishing Baby Oil, £10.99, burtsbees.co.uk
BRONZE Little Miracles Baby Oil, £20, innersenses.co.uk

Baby Lotion

GOLD Organic Baby Body Lotion, £14.50, nealsyardremedies.com "This product was amazing. We used this on both our children and ended up using it on us too. My husband got rid of a patch of eczema using it and we were able to keep our toddler's eczema away by using it. It does smell slightly medicinal and our 4 year old told us she didn't like the smell. The cream is rich and slow to absorb but worth it." **Begona C**
SILVER Magnesium Sleep Lotion Junior, £8.95, betteryou.com
BRONZE Hydra Bébé, £10.95, mustela.co.uk



Baby Balm

GOLD Calendula and Marshmallow Balm, £10.95, lyonsleaf.co.uk "This product is a great addition to our natural first aid box. It was great on dry skin, bites and itches etc. It is smooth but fairly thick so I wouldn't use it for an everyday handcream. Ideal for sensitive skin, sore eczema or similar complaints." **Victoria T**
SILVER Organic Babies Soothing Baby Salve, £12, greenpeople.co.uk
BRONZE Baby-Soft Balm Stick, £8.99, kokoso.co.uk



Nappy Cream

GOLD Essential Family on-the-go Cream, £19, pureandlightorganic.eu "I had never used this brand before so had no pre-conceived ideas but have been testing the product during the pandemic (and I'm a key worker so lots of extra hand washing) and it has been amazing! It has soothed my sore hands, healed the broken skin and eczema quickly and left them feeling silky. I then checked out the credentials of the company and the ingredients and have been so impressed. The cream is full of vitamins, completely natural and mostly organic. I love that it is so versatile and eradicates the need for different types of products. I've used it on my face over the last couple of weeks as well as my hands and my partner, completely unprompted, commented on how my skin looked glowing. I loved the product so much, I couldn't keep it to myself and have passed it on to my Mum to use as she is a Nurse working overtime right now and I thought her hands needed it more. I loved the holistic ethos of the company." **Victoria J**
SILVER Happy Nappy Cream, from £9.50, beeinspiredcreams.buzz
BRONZE Chamomile & Calendula Salve, £6.95, gwensgarden.co.uk



NATURAL Beauty AWARDS

BABY & CHILD



Bubble Bath

GOLD Stick Man Sweet Fig and Elder Bubble Bath, £3.99, goodbubble.co.uk

"A light and frothy bubble bath that foams up very well, perfect for the kids' bath time. The sweet fig and elder scent gave a fruity aroma to the bath which was both lovely to smell and relaxing. We've used this product everyday for a month and the children's skin is soft and refreshed. The natural ingredients have proved to be a successful blend on even the most sensitive of skin." **Rebecca G SILVER** Bathe Baba, £16.50, littleherbs.co.uk

BRONZE Elave Baby Bath Ecocert Organic & Natural, £9, elaveskincare.com



Children's Shampoo

GOLD Dry, Itchy and Sensitive Skin Baby Shampoo and Body Wash, £14.95, briaorganics.com
"Thick and creamy consistency that lathered up well and left our hair looking the best it has in years. Lovely attractive eco packaging, glass bottle and metal lid." **Tania B SILVER** MONAT Junior Gentle Shampoo, £22, monatglobal.com/uk
BRONZE Baby Hair & Body Wash with Cucumber & Aloe Vera, £3.99, goodbubble.co.uk



BEST BUYS

- 1 BeeBalmUK Baby Balm, £12, beebalmuk.co.uk
- 2 Sweet Dreams Cream, £8.99 elixirsoftlife.co.uk
- 3 Organic Babies Softening Baby Lotion, £11.50, greenpeople.co.uk
- 4 Sleepy Baby Oil, £12.50, sqwidge.com
- 5 The Very Hungry Caterpillar Bubble Bath, £4.99, bloomandblossom.com
- 6 Foam Shampoo, £8.95, mustela.co.uk
- 7 Organic Childrens Berry Smoothie Shampoo, £10.50, greenpeople.co.uk
- 8 Protective Nappy Cream, £9.95, organii.uk
- 9 Baby Nappy Cream Ecocert Organic & Natural, £9, elaveskincare.com
- 10 Baby Barrier Cream, £8, nealsyardremedies.com

NATURAL Beauty AWARDS MEN CARE



Shaving Product

GOLD Wash and Shave 2 in 1, £30, skn-rg.com

"This is such a great product. I love the ease of use, the fact that a small amount seems to go a long way and the fact that I can get a good clean shave on those parts of my cheeks and neck not covered in beard hair! It smells great and lathers up really well. I'm a definite convert and have checked out the rest of the brand's products too." **Robert C**

SILVER Elave Men Shave Balm, £12, elaveskincare.com

BRONZE Shaving Bar, £4.50, littlesoapcompany.co.uk

Beard Care

GOLD Weleda Skin Food

original, £12.95, weleda.co.uk

"I wasn't sure about using this in my beard at first but after comments about how good it smelt and a noticeable shine to my beard hairs, it's become a regular part of my morning routine. Will definitely be buying this again!" **Robert C**

SILVER Style & Shine Beard Oil, £9.50, buddha-beauty.com

BRONZE benecos Men's Beard Oil, £8.95, benecos.uk



Shampoo

GOLD Beauty Kubes Shampoo and Body Wash, £9.50, beautykubes.co.uk

"Fantastic dice sized cubes which break down slowly into a great lather. One of these was enough for 2 days as a body wash and you get 27 in a compact recyclable box. Feels cleansing with a mild fresh scent. Five stars all round." **Ben H**

SILVER Shampoo Bar £4.50, littlesoapcompany.co.uk

BRONZE Plastic Free Natural Shampoo with Argan Oil, £14.50, greenplanetbeauty.co.uk



Moisturiser

GOLD Look Good Daily Moisturiser, £22, tropicsskincare.com

"Smells and feels great, absorbs well and leaves nicely moisturised. Skin felt great and has a nice matt finish. Got better results after a couple uses. Felt moisturised all day." **Justin N**

SILVER Active Face Oil, \$45.00, marinamiracle.com

BRONZE Skin Protect, £27, janescrivner.com



NATURAL Beauty AWARDS MEN CARE

Shower Gel

GOLD Natural Body & Hand Wash Hint of Patchouli, £16, annwynbotanicals.co.uk

"A generous amount comes out with one pump of this dispenser so it's perfect for a quick shower and a little goes a long way. It forms a nice lather and has a gentle patchouli scent but not overwhelming, so I don't smell too hippy! I'd give this five stars." **Ben H**

SILVER Arnica Sports Shower Gel, £7.95, weleda.co.uk

BRONZE Eucalyptus, Bergamot and Black Pepper Body Wash, £10, tropicsskincare.com



Deodorant

GOLD benecos Men's Deodorant Spray, £6.95, benecos.uk
"This is a surprisingly effective deodorant, I really like the smell of it and it is nice and easy to apply quickly as its a spray-on which I prefer. It contains aloe vera, which really helps soothe my skin and doesn't irritate like non-natural brands" **Robert C**
SILVER Deodorant, £12.95, chulo-naturals.co.uk
BRONZE Star Cloud Unscented Probiotic Deodorant, £12, awakeorganics.co.uk



BEST BUYS

- 1 Man Salve, £14, queenbeeenaturals.co.uk
- 2 Divine Man Shave Soap in Tin, \$17.95 AUD, biome.com.au
- 3 Men's Shaving Cream, £5.95, benecos.uk
- 4 Look Sharp Sensitive Shave, £16, tropicsskincare.com
- 5 Men's 3in1 Body Wash Gel, £5.96 benecos.uk

NATURAL Beauty AWARDS

HAIRCARE



Hair Treat

GOLD Care Taker Scalp Soothing Tonic, £9.99, noughtyhaircare.co.uk "The product is silky, yet dense, and is easy to dispense from the bottle and apply with your hands. It really soothes the scalp and leaves a pleasant sensation. I have recommended it already." **Sarah W**

SILVER Tropical Hair Treatment, £14.99, lovelani.com

BRONZE Restore and Shine Hair Masque, £28.50, ogariolondon.com

Conditioner

GOLD Hair Conditioner Bar, £8, soapology.co.uk "Loved this conditioner. It's the perfect shape to fit in your hand & just comb over your hair in the shower. Smells lovely and conditions my hair well." **Vanessa R**

SILVER Rahua Classic Conditioner, £34, rahua.eu

BRONZE Sweet Orange & Rose Geranium Conditioner, £5.99, rootsandwingsorganic.com



Styling Product

GOLD Hello Curls Define & Reshape Curl Primer, £8.99, noughtyhaircare.co.uk

"I don't have curly hair so I asked my girlfriend to test this for me. She says it is really amazing! Her hair is naturally quite frizzy and this product helps define the curls for a long-lasting look. It's a lovely bottle, which is easy to dispense and evenly spray on hair." **Sarah W**

SILVER Hair Smooth Radiance Oil, £24, tropicaskincare.com

BRONZE Biome Dry Shampoo, 10.95 AUD, biome.com.au



Shampoo

GOLD Shampoo Bar, £4.50, littlesoapcompany.co.uk "The soap has a subtle smell of ginger. It lathers well and washed my hair well. It's a good shampoo bar. Very simple packaging that is environmentally friendly." **Shahida A**

SILVER Argan & Amalaki Shampoo, £11, fushi.co.uk

BRONZE Shampoo for Dry Hair, £9.99, elixirsoflife.co.uk

BEST BUYS

- 1 Hair Smoothie, £10.95, locksingoodness.co.uk
- 2 Triple Action Conditioner, £7.49, manukalab.co.uk
- 3 Shikakai Conditioner, £16.95, khadihair.co.uk
- 4 Hydrate Repair - Argan Oil & Mint Conditioner In-A-Bar, £5.99, lovelula.com
- 5 Vitamin Rich Natural Conditioner with Argan Oil, £14.50, greenplanetbeauty.co.uk
- 6 Turmeric and Bergamot Conditioner, £6.99, ayumi.co.uk
- 7 Botanical extracts for hair strengthening, £12.50, ecoearthstore.co.uk/shop/natures-creations



Jayn Sterland, MD of weleda.co.uk is a 54 year old mum with two teenage sons and a cockapoo dog, Bella. The family live in rural Derbyshire beside the River Amber. They won Gold in Beardcare and Silver in Men's Showergel.



"When my eldest son was six months old, Weleda had an Open Day at the factory site and the organic herb gardens. Already a fan of the products, we came to visit and I was smitten. I remember watching a compost making demonstration, thinking blimey, if this amount

of love and care goes into building a compost heap what an incredible company this is. I still think this after twelve years!

Self-Care Secrets

The simple things work best for me; walking, gardening or just lighting a candle and sitting still with my eyes closed for five minutes. A long lavender or citrus bath listening to a podcast; a film night with the family. I've ditched caffeine and alcohol (extreme!) and have found myself better balanced because of it.

Business Plans

2021 will be our 100th anniversary and we plan to celebrate it

by focussing on what makes Weleda unique – our gardens, our collaborations and our people. We have a new Skin Food product to launch and an amazing range of new facial skincare.

3 Ways to be sustainable

- 1 Be a citizen not a consumer.
- 2 Buy better – buy less and spend the money saved to trade up to organic where you can afford to.
- 3 Do your homework and only buy from the people / brands you trust.

NATURAL Beauty AWARDS EXTRAS

Toothpaste

GOLD Ben & Anna Toothpaste Black, £8.95, benandanna.uk

"I thought this product was brilliant. It is so hard to find good quality, nice tasting environmental toothpaste. It has a lovely, subtle taste to it. It doesn't leave black marks and I felt that my teeth looked whiter straight away, plus they felt extremely clean. It's easy to use, and very different with the wooden spatula." **Ashleigh W**
SILVER Waken SpearMint Mouthwash, £8, wakencare.com
BRONZE Triple Action Toothpaste, £5.49, manukalab.co.uk



Aftersun

GOLD Elave Botanical After Sun, £13.50, elaveskincare.com "The cream is cooling and smooth, it is non greasy and provides a lovely comforting feeling after a shower. The feeling of cool and moisturising was felt for several hours after application." **Vicki B**
SILVER ORGANii After Sun Cream, £11.95, organii.uk
BRONZE Mosquito and Tick repellent Moisturiser, £14.95, uk.parakito.com



Supplement

GOLD Organic Green Tea Extract, £34.97, trueveda.com "This comes with easy to swallow capsules, all vegan and natural. Very easy to swallow and I loved the ease of getting all these nutrients and goodness of green tea so easily. I noticed my energy increased taking these and felt it aided some weight loss alongside my healthy diet and exercise. I will be using these from now on and trust this brand." **Helen D**
SILVER skinode Targeted Solutions Clear, £90, skinode.com
BRONZE Skin Quencher, simonethomaswellness.com



Suncare

GOLD All Natural Sunscreen, not-the-norm.com "I really enjoyed the thickness of this product on my skin. I used it mainly on my face out in the sun in the garden while on lock-down. It can be rubbed in completely or left on more thickly which leaves your skin quite white in colour. It is a very natural product with no nasties at all and takes some rubbing in to smooth out any natural clumping. It is unscented but you can still smell the natural coconut and shea butter fragrance. It was long lasting and really protected my face out in the sunshine." **Amy W**
SILVER Alpine Rose & Lysine SPF20 Lip Balm, £13, balmkind.co.uk
BRONZE Sun Protection Spf 50 Mineral Screen, 29.90€, careliapetits.com

Perfume

GOLD Akamuti Flower Power Aromatic Roll On, £6.95, akamuti.co.uk "The oil smelt absolutely beautiful. Luxury in a roller bottle! Simple packaging" **Donna T**



NATURAL Beauty AWARDS

PLASTIC FREE

WINNERS

- 1 The Konjac Sponge Co Pink Clay Facial Sponge, £9.99, nicheandcult.com
- 2 Juice Cleanse, £20.99, lovelani.com
- 3 Anti-Ageing Hyaluronic Acid Moisturiser with Grapefruit and Ylang Ylang, £16, greenplanetbeauty.co.uk
- 4 Salt of the Earth Plastic Free Deodorant Crystal, £4.85, crystalspring.co.uk
- 5 Lavender and Teatree Natural Deodorant, £6.45, etsy.com/uk/shop/BattleGreenBox
- 6 Olive Oil Soap, £7, estiasoaps.co.uk
- 7 Gwen's Garden Elderflower and Limeflower Beauty Balm, £14.95, gwensgarden.co.uk
- 8 Beauty Kubes Shampoo for Normal to Dry Hair, £9.50, beautykubes.co.uk
- 9 Biome Shampoo Bar - Smooth Operator (Sensitive Scalps), 10.95 AUD, biome.com.au



9



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1



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